

# Effective Field Theory and Ultracold Atoms

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# Effective Field Theory and Ultracold Atoms

- What is Effective Field Theory?
- Effective Field Theory for QED
- Ultracold Atoms
- Effective Field Theory for Ultracold Atoms

# Effective Field Theory

in **High Energy Physics**,

**EFT** is the universal framework for

- **low-energy** approximations  
to the **Standard Model** of particle physics  
(see **Mike Luke**)
- model-independent analyses  
of new (**higher-energy**) physics  
beyond the **Standard Model**  
(see **Bob Holdom**)

**EFT** is also proving to be a powerful method  
in **Cold Atom Physics**

# Effective Field Theory

## general setup

- **low-energy** degrees of freedom
- **higher-energy** degrees of freedom

## basic principles

- can describe **low-energy** behavior  
with arbitrarily high accuracy  
using only **low-energy** d.o.f.
- effects of **higher-energy** d.o.f.  
on **low-energy** d.o.f.  
is smooth (i.e. analytic)

## Michelson-Morely experiment: 1887

implies that **light** travels at the same **speed  $c$**   
independent of velocity of emitter  
or observer

suggests that **Newton's laws**  
should be modified to take into account  
this new constant of nature  **$c$**

expect dramatic effects at **high velocity  $\sim c$**   
but small effects even at **low velocity**

### Kinetic energy

Newton:  $E = \frac{1}{2} m v^2$

modified:  $E(v) = ?$

# EFT approach

- rotational symmetry  
 $E$  is function of  $v = \sqrt{v_x^2 + v_y^2 + v_z^2}$  only
- effects of high energy on low energy are smooth  
 $E$  should be analytic function of  $v_x, v_y, v_z$   
must have expansion in powers of  $v^2$
- dimensional analysis  
higher powers of  $v^2$  must be compensated by  $1/c^2$

modified kinetic energy:

$$E = \frac{1}{2} m v^2 + c_1 m v^4/c^2 + c_2 m v^6/c^4 + \dots$$

numerical coefficients:  $c_1, c_2, \dots$

# Kinetic energy at not-so-low velocity

modified kinetic energy:

$$E = \frac{1}{2} m v^2 + c_1 m v^4/c^2 + c_2 m v^6/c^4 + \dots$$

numerical coefficients:  $c_1, c_2, \dots$

- systematically improvable approximation at low energy
- effects of high energies reduced to constants with hierarchy of importance
- model-independent framework for analyzing corrections

As we know, there are known knowns.  
There are things we know we know.  
We also know there are known unknowns.  
That is to say,  
we know there are some things we do not know.  
But there are also unknown unknowns,  
the ones we don't know we don't know.

Donald Rumsfeld  
US Secretary of Defense  
February 2002



# Albert Einstein 1905

special theory of relativity

$$E = \frac{mc^2}{\sqrt{1 - v^2/c^2}}$$

$$E = mc^2 + \frac{1}{2}mv^2 + \frac{3}{8}m\frac{v^4}{c^2} + \frac{5}{16}m\frac{v^6}{c^4} + \dots$$

predictions

- numerical coefficients:  $c_1=3/8$ ,  $c_2=5/16$ , ...
- rest mass!  $mc^2$

# Classical Field Theory

classical field  $\varphi(x,t)$ :  
function of space that evolves with time

classic example

electric and magnetic fields:  $E(x,y,z,t)$ ,  $B(x,y,z,t)$   
time evolution: Maxwell equations

other examples

density, magnetization, ...

mean field of **Bose-Einstein condensate**, ...

# What is Quantum Field Theory?

field theory with fields that do not commute

## commutation relations

$$\varphi(x,t) \varphi(x',t)^\dagger - \varphi(x',t)^\dagger \varphi(x,t) = i \hbar \delta(x-x')$$

$\varphi(x,t)^\dagger$  creates particle at point  $x$

$\varphi(x,t)$  annihilates particle at point  $x$

and the particles are identical bosons

## anti-commutation relations

$$\varphi(x,t) \varphi(x',t)^\dagger + \varphi(x',t)^\dagger \varphi(x,t) = i \hbar \delta(x-x')$$

$\varphi(x,t)^\dagger$  creates particle at point  $x$

$\varphi(x,t)$  annihilates particle at point  $x$

and the particles are identical fermions

# What is Quantum Field Theory?

## Quantum Field Theory

describes quantum mechanics of point particles  
automatically taking into account


behavior of identical bosons  
and identical fermions

## Local Quantum Field Theory

describes point particles with point interactions

# Quantum ElectroDynamics

degrees of freedom

photons 

electrons 

positrons 

(each with 2 spin states)

Lagrangian

$$L = \frac{1}{2}(E^2 - B^2) + \text{electron/positron terms}$$

point interaction:



one interaction parameter:  $\alpha \cong 1/137$

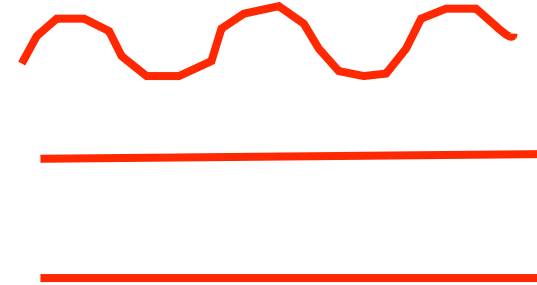
# Quantum ChromoDynamics

## degrees of freedom

**quarks** (2 spins, 3 colors, 6 flavors)

**antiquarks** (2 spins, 3 colors, 6 flavors)

**gluons** (2 spins, 8 colors)



## point interactions

one interaction parameter:  $\alpha_s$

“runs” with momentum scale:  $\alpha_s \cong 1/8$  at 100 GeV

# Quantum ChromoDynamics

fundamental degrees of freedom

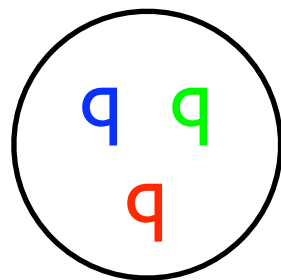
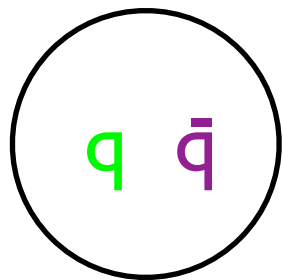
quarks, antiquarks, gluons

physical particles are bound states:

mesons

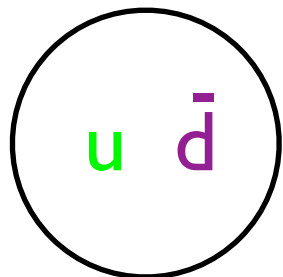
baryons

glueballs? hybrids? ...?

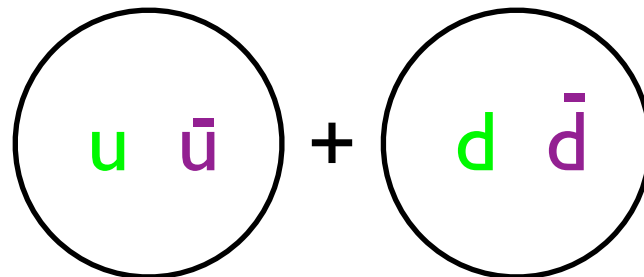


lightest particles are pions: mass  $\cong 140$  MeV

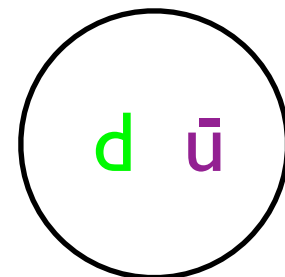
$\pi^+$



$\pi^0$



$\pi^-$



# Effective Field Theory

- **low-energy** degrees of freedom  
momentum scale  $p$
- **higher-energy** degrees of freedom  
momentum scales  $\geq \Lambda$


describe **low-energy** d.o.f. using **local QFT**

- infinitely many parameters:  $C_1, C_2, C_3, \dots$
- choose parameters so they scale  
as definite powers of  $\Lambda$ :  $C_n \sim 1/\Lambda^{d_n}$
- effects of  $C_n$  are suppressed by  $(p/\Lambda)^{d_n}$



# Quantum ElectroDynamics

degrees of freedom

photons 

electrons 

positrons 

(each with 2 spin states)

Lagrangian for QED

$$L = \frac{1}{2}(E^2 - B^2) + \text{electron/positron terms}$$

point interaction:

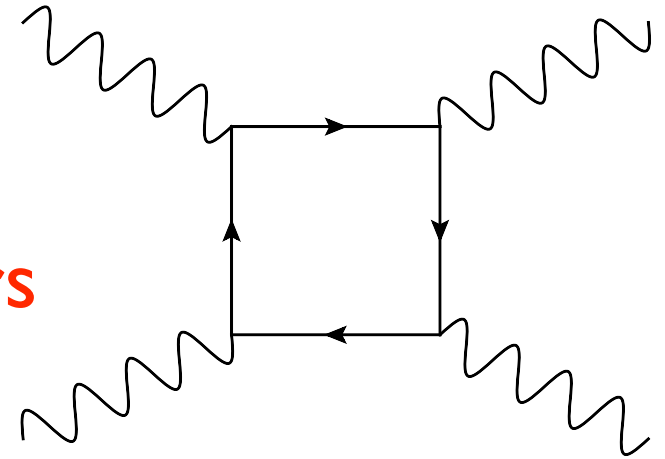


one interaction parameter:  $\alpha \cong 1/137$

# Quantum ElectroDynamics

at energies below  $2m_e c^2 = 10^6 \text{ eV}$   
electrons and positrons cannot be created

but low-energy photons can scatter  
through virtual electron-positron pairs



low-energy photons can be described by QED  
but they can be described more simply  
(and to arbitrarily high accuracy)  
by an EFT with photons only

# Quantum Photon Dynamics

describe low-energy photons  
by EFT with photons only

fields:  $\vec{E}$ ,  $\vec{B}$

Lagrangian for EFT:  $L_{\text{eff}}$

must respect symmetries of QED

gauge invariance:  $L_{\text{eff}}$  is function of  $\vec{E}$ ,  $\vec{B}$  only

Lorentz invariance:  $L_{\text{eff}}$  is function of  $E^2 - B^2$  and  $\vec{E} \cdot \vec{B}$

parity:  $L_{\text{eff}}$  is even function of  $\vec{B}$

$$L_{\text{eff}} = \frac{1}{2}(E^2 - B^2) + c_1(E^2 - B^2)^2 + c_2(\vec{E} \cdot \vec{B})^2 + \dots$$

# Quantum Photon Dynamics

effective Lagrangian:  $L_{\text{eff}} = L_0 + L_1 + L_2 + \dots$

0th approximation Maxwell (1861)

$$L_0 = \frac{1}{2}(E^2 - B^2)$$

free photons!



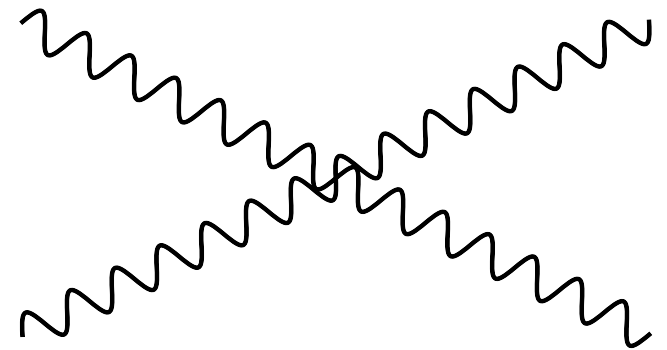
# Quantum Photon Dynamics

effective Lagrangian:  $L_{\text{eff}} = L_0 + L_1 + L_2 + \dots$   
 $L_0 = \frac{1}{2}(E^2 - B^2)$

1st approximation Euler and Heisenberg (1936)

add  $L_1 = c_1(E^2 - B^2)^2 + c_2(E \cdot B)^2$

photon-photon scattering!



determine coefficients by matching to QED

$$c_1 = (2/45)\alpha^2/m_e^2 \quad c_2 = (14/45)\alpha^2/m_e^2$$

amplitude  $\sim p^2/m_e^2$

# Quantum Photon Dynamics

effective Lagrangian:  $L_{\text{eff}} = L_0 + L_1 + L_2 + \dots$

$$L_0 = \frac{1}{2}(E^2 - B^2)$$

$$L_1 = c_1(E^2 - B^2)^2 + c_2 (E \cdot B)^2$$

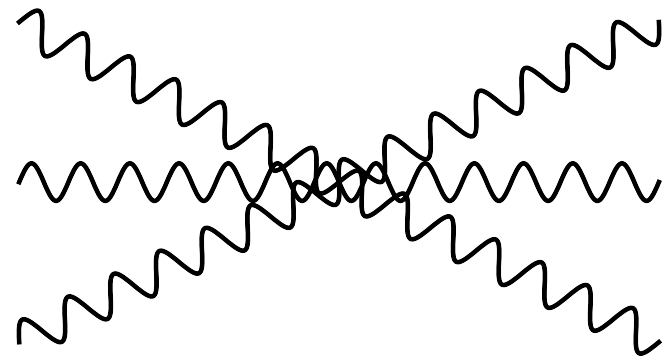
2nd approximation

add  $L_2 = c_3(E^2 - B^2)^3 + c_4 (E^2 - B^2)(E \cdot B)^2$

6-photon amplitudes

coefficients:  $c_n \sim 1/m_e^4$

amplitude  $\sim p^4/m_e^4$



# Quantum Photon Dynamics

effective Lagrangian:  $L_{\text{eff}} = L_0 + L_1 + L_2 + \dots$

$$L_0 = \frac{1}{2}(E^2 - B^2)$$

$$L_1 = c_1(E^2 - B^2)^2 + c_2 (E \cdot B)^2$$

$$L_2 = c_3(E^2 - B^2)^3 + c_4 (E^2 - B^2)(E \cdot B)^2$$

- infinitely many interaction parameters
- scaling of parameters:  $c_n \sim 1/m_e^{d_n}$
- suppression factor for  $c_n$ :  $(p/m_e)^{d_n}$
- arbitrarily high accuracy

## Cosmic Microwave Background

energy scale of photons:  $T \approx 3^\circ\text{K} \approx 10^{-4} \text{ eV}$

energy scale of virtual electron-positron pairs  
 $m_e \approx 10^6 \text{ eV}$

large hierarchy:  $T/m_e \approx 10^{-10}$

can be described to arbitrarily high accuracy  
using Quantum Photon Dynamics



# Cosmic Microwave Background

effective Lagrangian:  $L_{\text{eff}} = L_0 + L_1 + L_2 + \dots$

0th approximation:  $L_0$

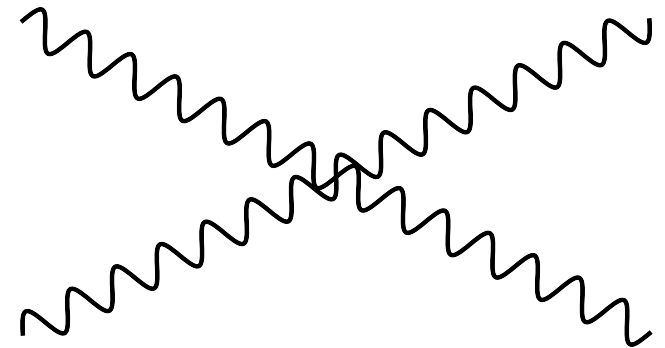
ideal gas of photons



1st approximation: add  $L_1$

photon-photon scattering!

corrections  $\sim T^2/m_e^2 \approx 10^{-20}$



2nd approximation: add  $L_2$

corrections  $\sim T^4/m_e^4 \approx 10^{-40}$

# Beyond the Standard Model

high energy frontier

create new **heavy particles** at the LHC (**Atlas, CMS**)

precision frontier

observe effects of virtual **heavy particles**  
through precision measurements at **low energy**

**EFT**: effects of virtual **heavy particles**  
can be described to arbitrary accuracy  
in terms of **Standard Model** particles only

# Standard Model

EFT: systematically improvable

low-energy approximations

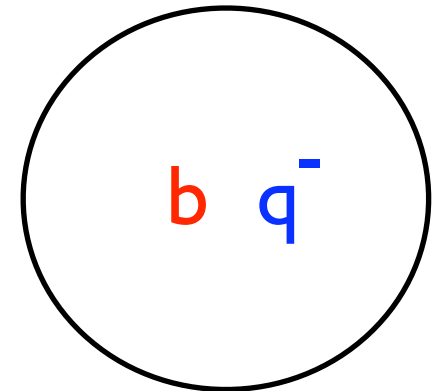
Heavy Quark Effective Theory (see Mike Luke)

EFT for sector of Quantum Chromodynamics  
with one heavy quark (bottom or charm)

energy scale of light quark:  $\Lambda_{\text{QCD}}$

heavy quark mass:  $M_Q$

systematic expansion in  $\Lambda_{\text{QCD}}/M_Q$



basis for analysis of experiments at B factories  
that established CKM mechanism for CP violation

# Beyond the Standard Model

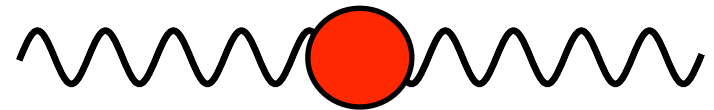
EFT for effects of virtual heavy particles  
on Standard Model particles

leading propagator corrections for

$Z^0$  boson

$W$  boson

$\gamma$ - $Z^0$  mixing



determined by 3 constants:  $S, T, U$

strongly constrained

by precision electroweak measurements

e.g.  $S = -0.04 \pm 0.09$

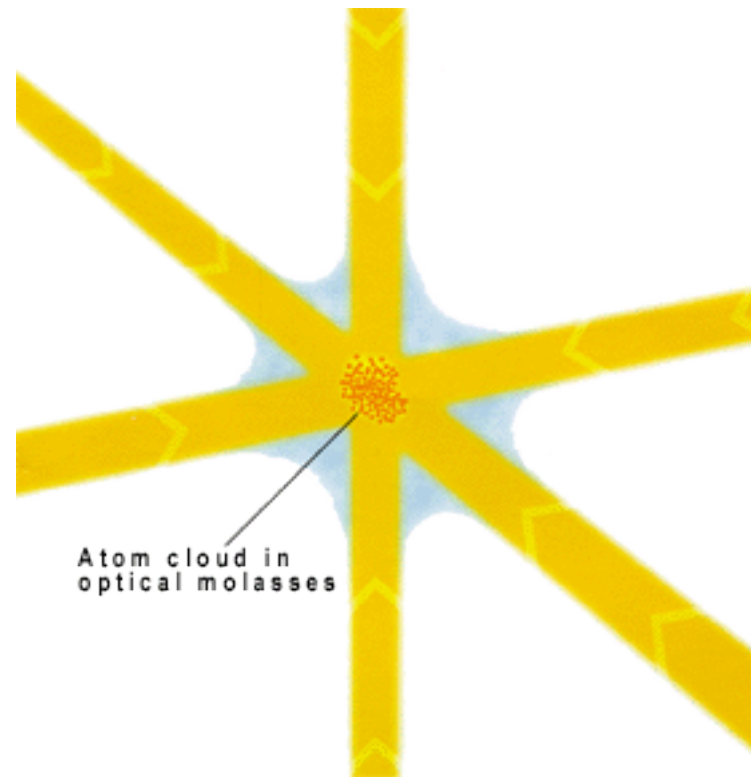
must be respected by any model

for new heavy particles at the LHC

(see Bob Holdom)

# Cold Atom Physics

Atoms **trapped** and **cooled** using lasers



Nobel Prize 1997: **Chu, Cohen-Tannoudji, Phillips**

# Cold Atom Physics

## Bose-Einstein condensation of atoms!

$^{87}\text{Rb}$  atoms

JILA (Cornell, Wieman)

1995

$^7\text{Li}$  atoms

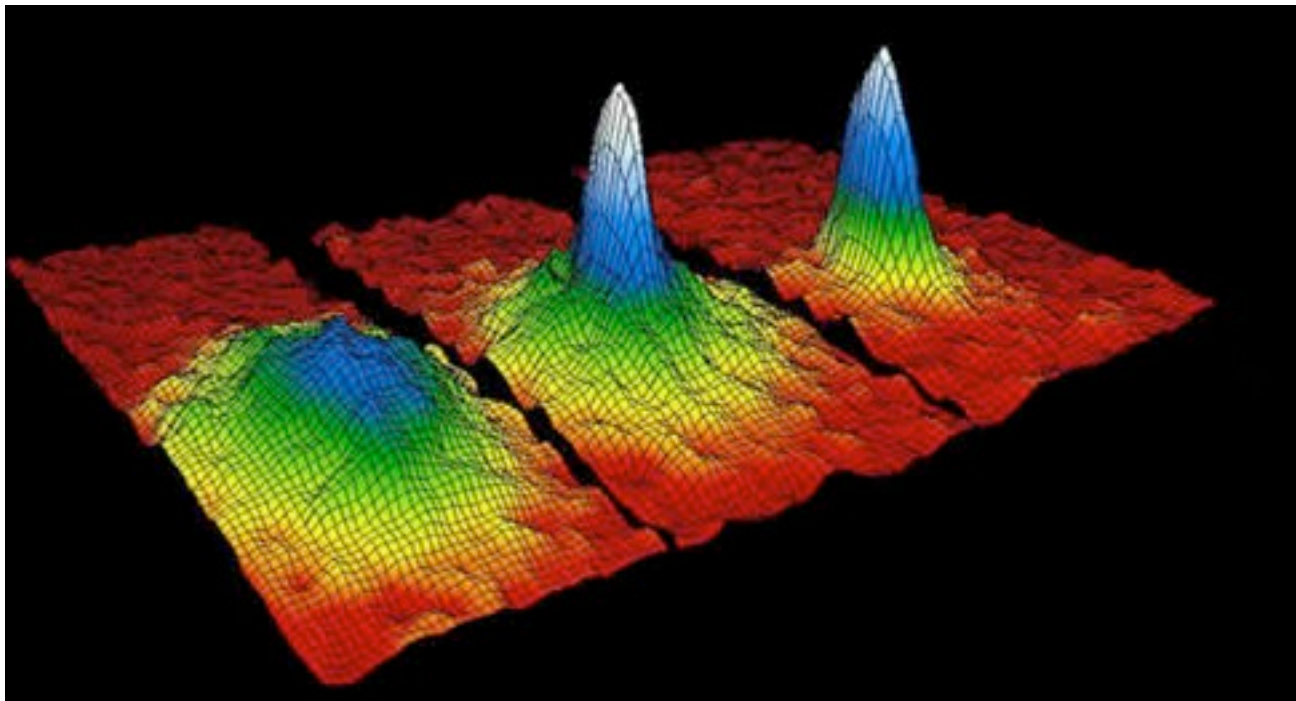
Rice (Hulet)

1995

$^{23}\text{Na}$  atoms

MIT (Ketterle)

1995



Nobel Prize 2001: Cornell, Wieman, Ketterle

# Cold Atom Physics

## Cooling of fermions to quantum degeneracy!

$^{40}\text{K}$  atoms

JILA (Jin)

Jan 2001

$^6\text{Li}$  atoms

Ecole Normale (Salomon)

July 2001

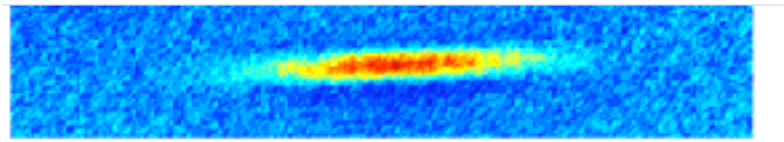
$^6\text{Li}$  atoms

Rice (Hulet)

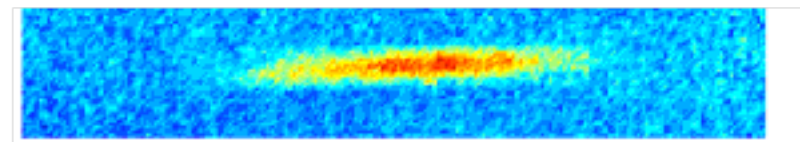
Aug 2001

$^7\text{Li}$

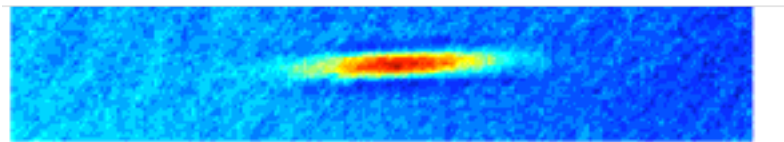
$^6\text{Li}$



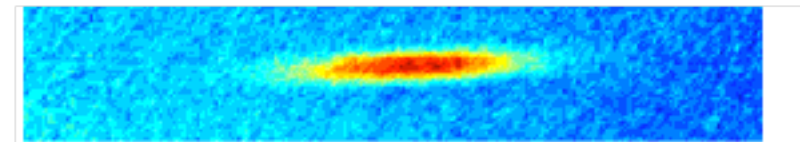
$T = 810$  nk



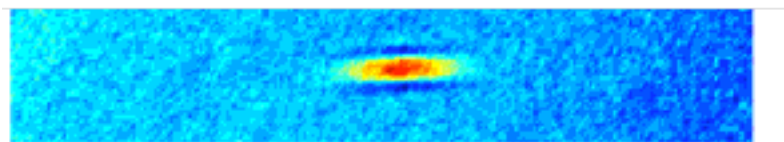
$T/T_F = 1.0$



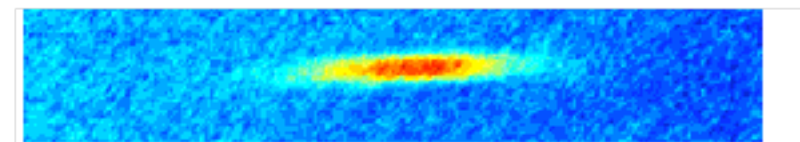
$T = 510$  nk



$T/T_F = 0.56$



$T = 240$  nk



$T/T_F = 0.25$

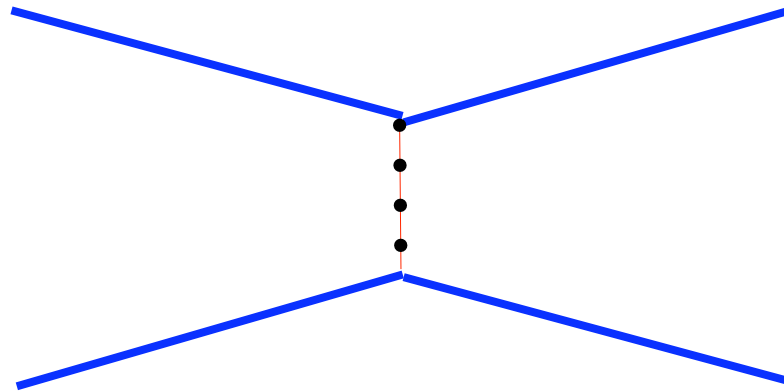
# Ultracold Atoms

(sufficiently) Fundamental Theory

many-body Schroedinger equation

for atoms in a trapping potential  $V(r)$

interacting through interatomic potential  $U(r-r')$

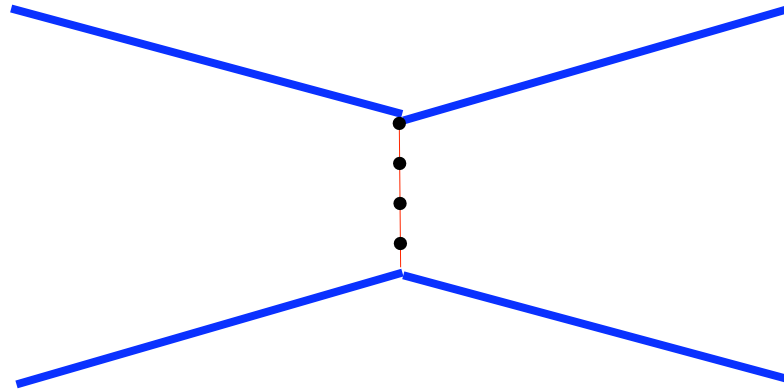


complications: hyperfine spin states  
multiple scattering channels



# Ultracold Atoms

atoms interacting through potential  $U(r-r')$



solve Schroedinger equation  
to obtain scattering phase shifts  $\delta(k)$

**low-energy** expansion:  $\delta(k) = -l/a + 1/2 r_e k^2 + \dots$   
 $a =$  scattering length  
 $r_e =$  effective range

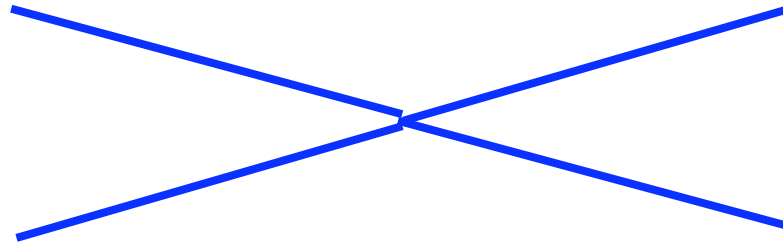
## Effective Field Theory

low-energy expansion:  $\delta(k) = -1/a + 1/2 r_e k^2 + \dots$

$a$  = scattering length

$r_e$  = effective range

construct **EFT** with point interactions  
that reproduces low-energy expansion



most important parameter:  $a$

next most important:  $r_e$

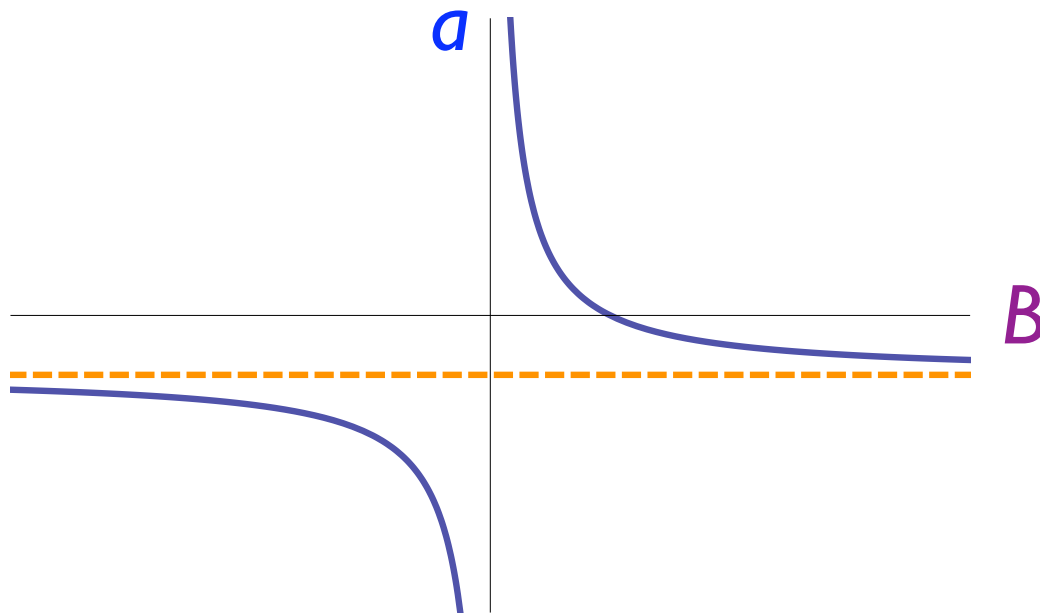
effects suppressed by  $k^2$  x  $\text{range}^2$

# Atoms with large scattering length

experimental fine-tuning using magnetic field  $B$

alkali atom near Feshbach resonance

$$a(B) = a_{\text{bg}} + \frac{\Delta}{B - B_{\text{res}}}$$



- $|a|$  becomes arbitrarily large as  $B \rightarrow B_{\text{res}}$

## Unitary limit $a = \pm\infty$

- scattering cross section saturates **unitarity bound**  
strongest interaction allowed  
by **quantum mechanics!**
- infinitely strong interactions provide no length scale!  
**scale invariant** interactions!

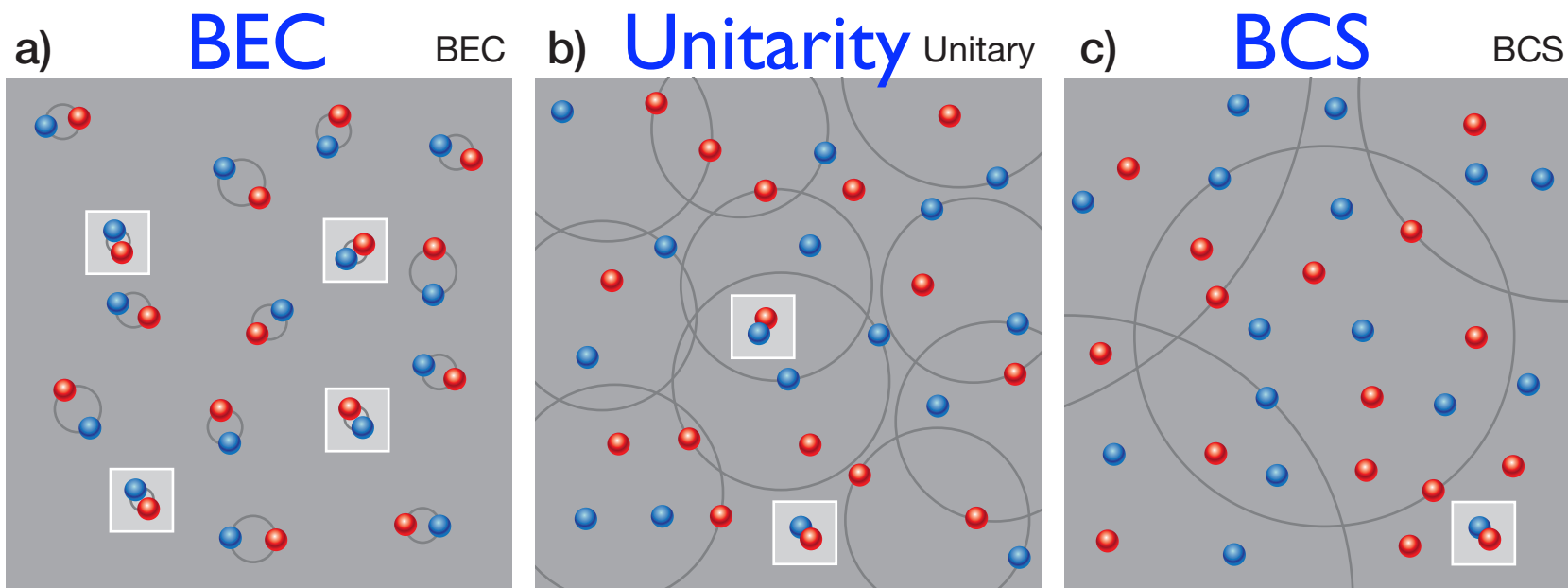
What is the behavior of condensed matter  
with **infinitely-strong scale-invariant** interactions?

What is mechanism for **superfluidity**  
in the ground state?

# mechanism for superfluidity?

**BEC** mechanism: Bose-Einstein condensation  
of diatomic molecules

**BCS** mechanism: formation of Cooper pairs  
near Fermi surface



experimental verification of smooth crossover  
from **BEC** to **BCS**

as  $a$  goes from **positive** to **negative** values through  $\pm\infty$

# 2-Body Quantum Mechanics

Universal behavior at large scattering length  $a$

## Cross section

low energy:  $8\pi a^2$

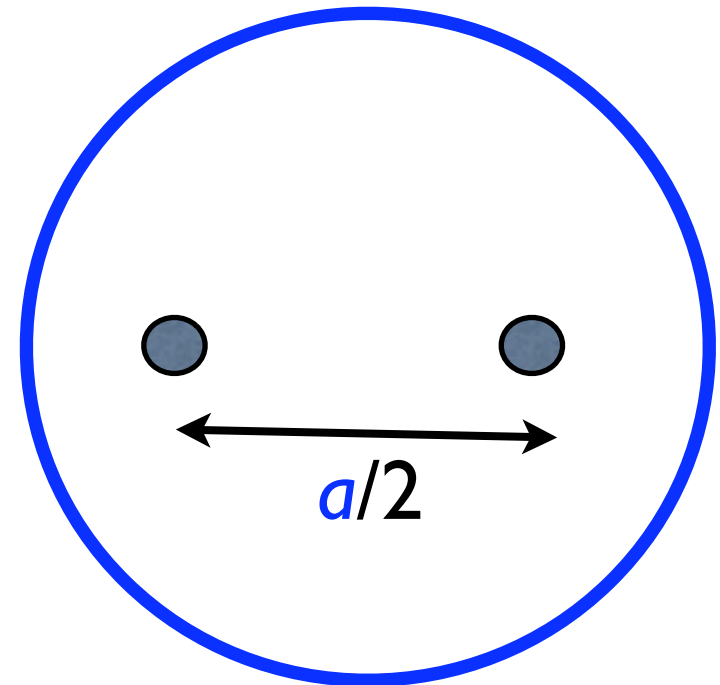
high energy:  $8\pi\hbar^2/(m E)$

Diatomic molecule if  $a > 0$

binding energy:  $\hbar^2/(m a^2)$

mean radius:  $a/2$

“halo dimer”, “giant dimer”

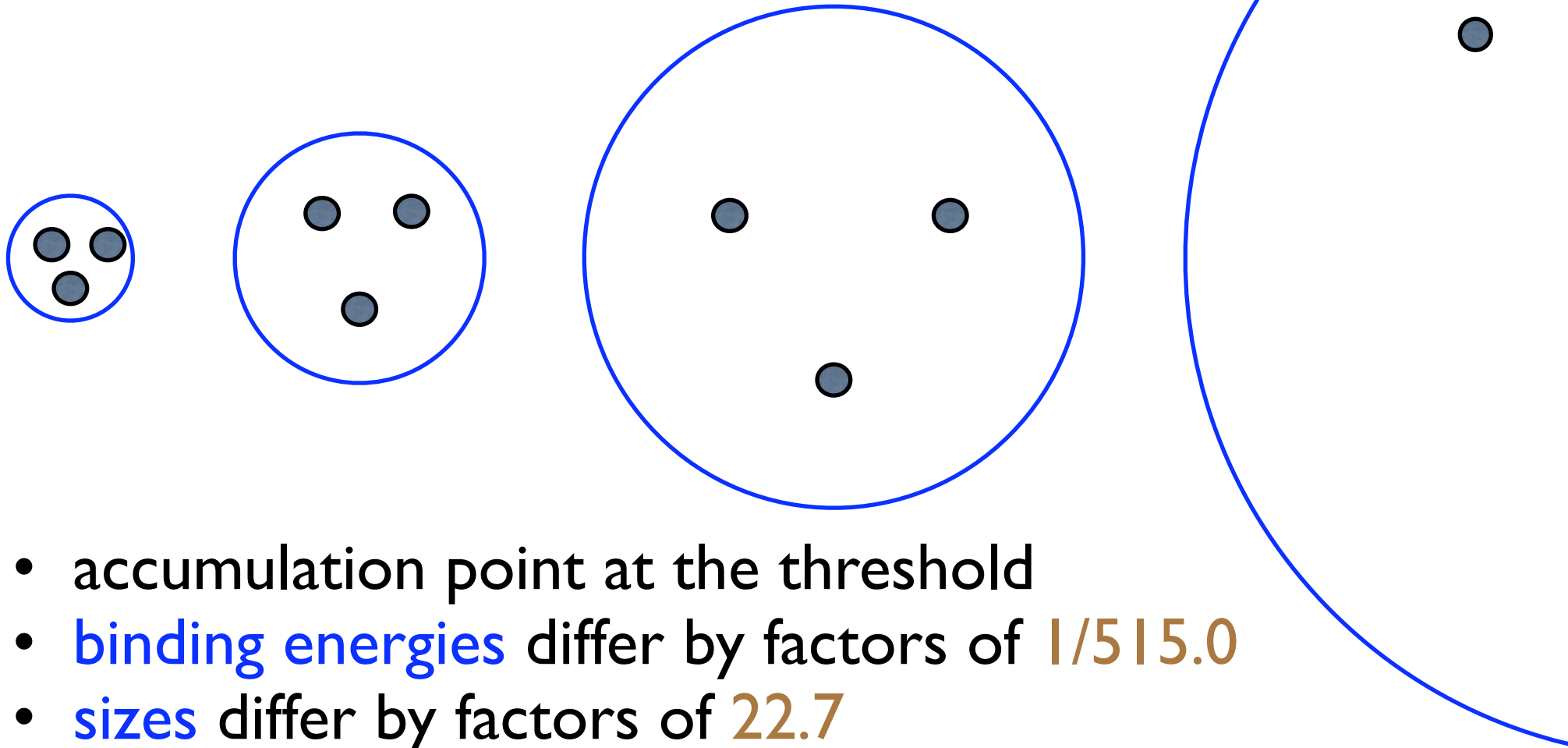


# 3-Body Quantum Mechanics

## Efimov Effect

Vitaly Efimov (1970)

In the **unitary limit**  $a \rightarrow \pm\infty$  (with fixed **range**)  
there are infinitely many **triatomic molecules**



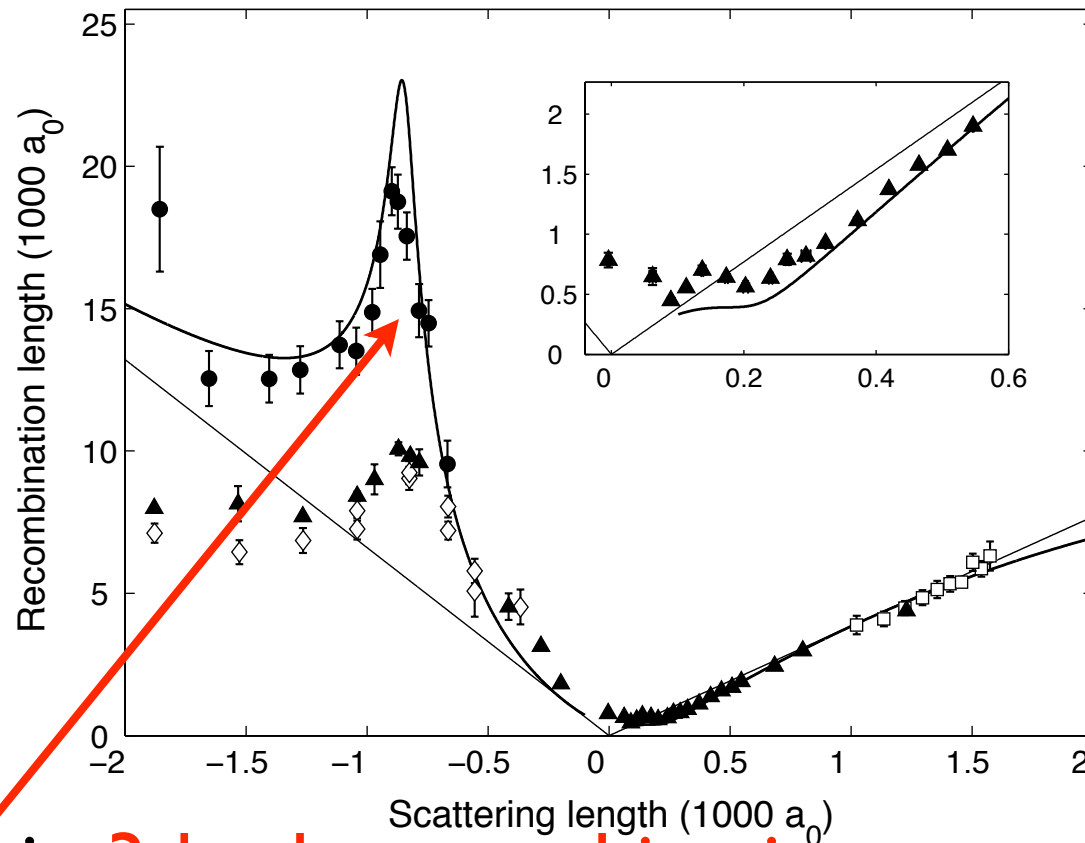
- accumulation point at the threshold
- **binding energies** differ by factors of **1/5 | 5.0**
- **sizes** differ by factors of **22.7**

# Efimov Physics in Cold Atoms

discovery of Efimov trimer of  $^{133}\text{Cs}$  atoms

Innsbruck group

Nov 2005



resonance in **3-body recombination rate** near **-850  $a_0$**   
agrees with **universal line shape** from **EFT**

Braaten & Hammer 2003



# Bose-Einstein Condensation

Critical temperature Einstein (1925)

homogeneous ideal gas with number density  $n$

thermal deBroglie wavelength:  $\lambda_{\text{th}} = (2 \pi m kT/m)^{1/2}$

critical phase space density:  $n \lambda_{\text{th}}^3 = 2.612$

critical temperature:  $kT_c = 3.31 h^2 n^{2/3}/m$

What is the shift in  $T_c$  from interactions?

# Bose-Einstein Condensation

## Critical temperature

in homogeneous gas with number density  $n$

$$kT_c = 3.31 h^2 n^{2/3} / m$$

What is the shift in  $T_c$   
from weak interactions with scattering length  $a$ ?

## Solution

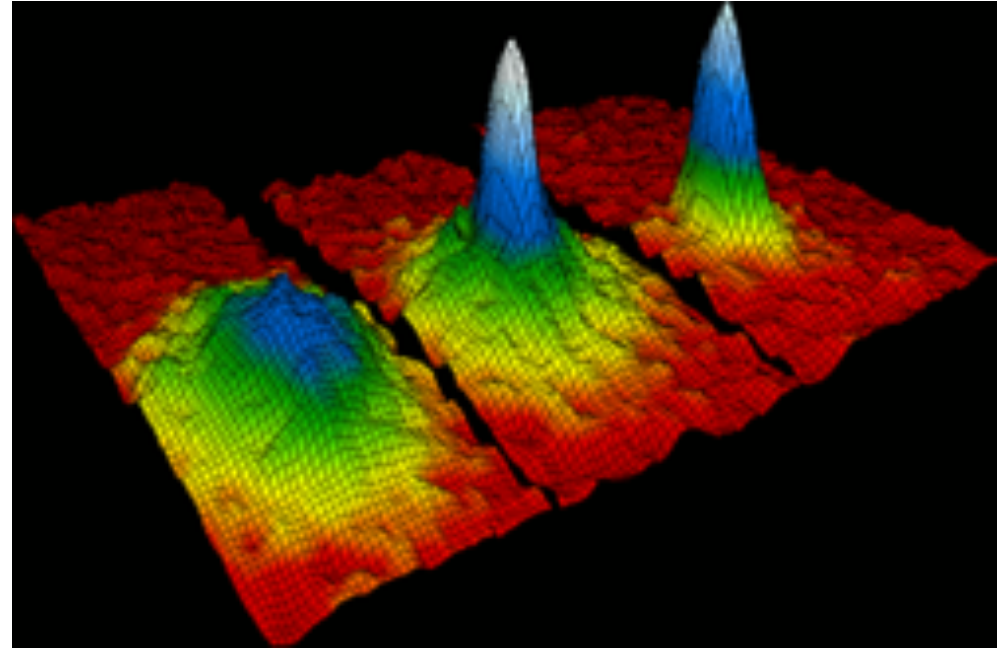
EFT for fluctuations near critical point:  
statistical field theory of scalar field in 3D

$$\Delta T_c / T_c = 1.8 a / \lambda_{th}$$

(coefficient from Monte Carlo calculations)

# Bose-Einstein Condensation

Trapped gas  
behavior near critical point  
is different  
but described by same EFT



shift in  $T_c$  is not sensitive to critical fluctuations  
but condensate fraction is

precise measurements of condensate fraction

Cambridge group July 2011

good agreement with coefficient in EFT!