

Effective Field Theory and Ultracold Atoms

Eric Braaten
Ohio State University

support

Department of Energy
Air Force Office of Scientific Research
Army Research Office

Effective Field Theory and Ultracold Atoms

- What is Effective Field Theory?
- Effective Field Theory for QED
- Ultracold Atoms
- Effective Field Theory for Ultracold Atoms

Effective Field Theory

in **High Energy Physics**,

EFT is the universal framework for

- **low-energy** approximations
to the **Standard Model** of particle physics
(see **Mike Luke**)
- model-independent analyses
of new (**higher-energy**) physics
beyond the **Standard Model**
(see **Bob Holdom**)

EFT is also proving to be a powerful method
in **Cold Atom Physics**

Effective Field Theory

general setup

- **low-energy** degrees of freedom
- **higher-energy** degrees of freedom

basic principles

- can describe **low-energy** behavior
with arbitrarily high accuracy
using only **low-energy** d.o.f.
- effects of **higher-energy** d.o.f.
on **low-energy** d.o.f.
is smooth (i.e. analytic)

Michelson-Morely experiment: 1887

implies that **light** travels at the same **speed c**
independent of velocity of emitter
or observer

suggests that **Newton's laws**
should be modified to take into account
this new constant of nature **c**

expect dramatic effects at **high velocity $\sim c$**
but small effects even at **low velocity**

Kinetic energy

Newton: $E = \frac{1}{2} m v^2$

modified: $E(v) = ?$

EFT approach

- rotational symmetry
 E is function of $v = \sqrt{v_x^2 + v_y^2 + v_z^2}$ only
- effects of high energy on low energy are smooth
 E should be analytic function of v_x, v_y, v_z
must have expansion in powers of v^2
- dimensional analysis
higher powers of v^2 must be compensated by $1/c^2$

modified kinetic energy:

$$E = \frac{1}{2} m v^2 + c_1 m v^4/c^2 + c_2 m v^6/c^4 + \dots$$

numerical coefficients: c_1, c_2, \dots

Kinetic energy at not-so-low velocity

modified kinetic energy:

$$E = \frac{1}{2} m v^2 + c_1 m v^4/c^2 + c_2 m v^6/c^4 + \dots$$

numerical coefficients: c_1, c_2, \dots

- systematically improvable approximation at low energy
- effects of high energies reduced to constants with hierarchy of importance
- model-independent framework for analyzing corrections

As we know, there are known knowns.
There are things we know we know.
We also know there are known unknowns.
That is to say,
we know there are some things we do not know.
But there are also unknown unknowns,
the ones we don't know we don't know.

Donald Rumsfeld
US Secretary of Defense
February 2002

Albert Einstein 1905

special theory of relativity

$$E = \frac{mc^2}{\sqrt{1 - v^2/c^2}}$$

$$E = mc^2 + \frac{1}{2}mv^2 + \frac{3}{8}m\frac{v^4}{c^2} + \frac{5}{16}m\frac{v^6}{c^4} + \dots$$

predictions

- numerical coefficients: $c_1=3/8$, $c_2=5/16$, ...
- rest mass! mc^2

Classical Field Theory

classical field $\varphi(x,t)$:
function of space that evolves with time

classic example

electric and magnetic fields: $E(x,y,z,t)$, $B(x,y,z,t)$
time evolution: Maxwell equations

other examples

density, magnetization, ...

mean field of **Bose-Einstein condensate**, ...

What is Quantum Field Theory?

field theory with fields that do not commute

commutation relations

$$\varphi(x,t) \varphi(x',t)^\dagger - \varphi(x',t)^\dagger \varphi(x,t) = i \hbar \delta(x-x')$$

$\varphi(x,t)^\dagger$ creates particle at point x
 $\varphi(x,t)$ annihilates particle at point x
and the particles are identical bosons

anti-commutation relations

$$\varphi(x,t) \varphi(x',t)^\dagger + \varphi(x',t)^\dagger \varphi(x,t) = i \hbar \delta(x-x')$$

$\varphi(x,t)^\dagger$ creates particle at point x
 $\varphi(x,t)$ annihilates particle at point x
and the particles are identical fermions

What is Quantum Field Theory?

Quantum Field Theory

describes quantum mechanics of point particles
automatically taking into account


behavior of identical bosons
and identical fermions

Local Quantum Field Theory

describes point particles with point interactions

Quantum ElectroDynamics

degrees of freedom

photons 

electrons 

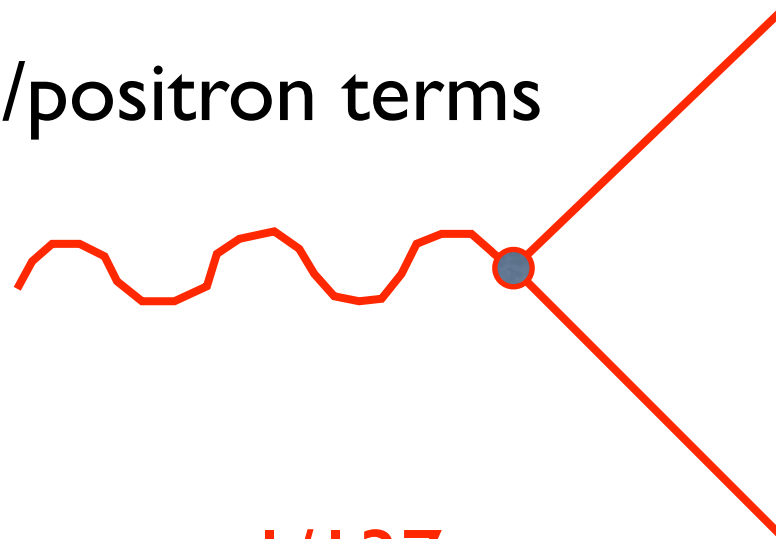
positrons 

(each with 2 spin states)

Lagrangian

$$L = \frac{1}{2}(E^2 - B^2) + \text{electron/positron terms}$$

point interaction:



one interaction parameter: $\alpha \cong 1/137$

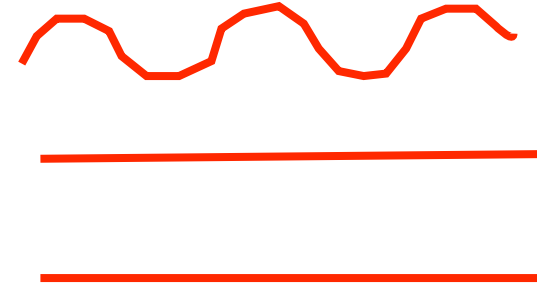
Quantum ChromoDynamics

degrees of freedom

quarks (2 spins, 3 colors, 6 flavors)

antiquarks (2 spins, 3 colors, 6 flavors)

gluons (2 spins, 8 colors)



point interactions

one interaction parameter: α_s

“runs” with momentum scale: $\alpha_s \cong 1/8$ at 100 GeV

Quantum ChromoDynamics

fundamental degrees of freedom

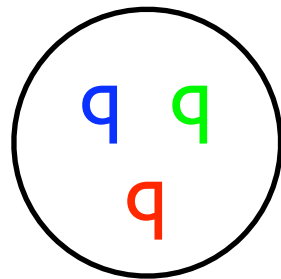
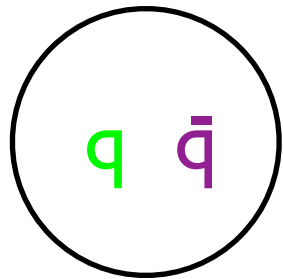
quarks, antiquarks, gluons

physical particles are bound states:

mesons

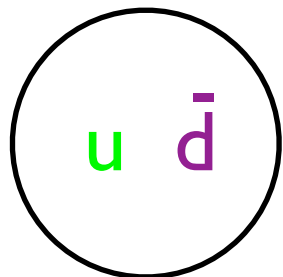
baryons

glueballs? hybrids? ...?

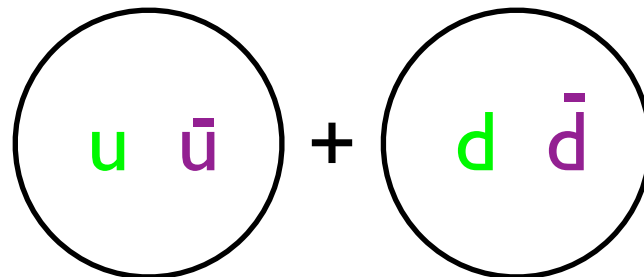


lightest particles are pions: mass $\cong 140$ MeV

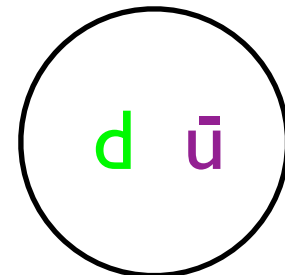
π^+



π^0



π^-



Effective Field Theory


- **low-energy** degrees of freedom
momentum scale p
- **higher-energy** degrees of freedom
momentum scales $\geq \Lambda$

describe **low-energy** d.o.f. using **local QFT**

- infinitely many parameters: C_1, C_2, C_3, \dots
- choose parameters so they scale
as definite powers of Λ : $C_n \sim 1/\Lambda^{d_n}$
- effects of C_n are suppressed by $(p/\Lambda)^{d_n}$

Quantum ElectroDynamics

degrees of freedom

photons 

electrons 

positrons 

(each with 2 spin states)

Lagrangian for QED

$$L = \frac{1}{2}(E^2 - B^2) + \text{electron/positron terms}$$

point interaction:

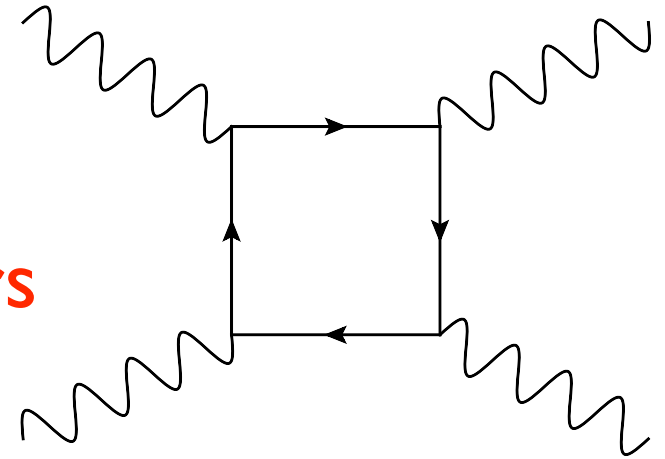


one interaction parameter: $\alpha \cong 1/137$

Quantum ElectroDynamics

at energies below $2m_e c^2 = 10^6 \text{ eV}$
electrons and positrons cannot be created

but low-energy photons can scatter
through virtual electron-positron pairs



low-energy photons can be described by QED
but they can be described more simply
(and to arbitrarily high accuracy)
by an EFT with photons only

Quantum Photon Dynamics

describe low-energy photons
by EFT with photons only

fields: \vec{E} , \vec{B}

Lagrangian for EFT: L_{eff}

must respect symmetries of QED

gauge invariance: L_{eff} is function of \vec{E} , \vec{B} only

Lorentz invariance: L_{eff} is function of $E^2 - B^2$ and $\vec{E} \cdot \vec{B}$

parity: L_{eff} is even function of \vec{B}

$$L_{\text{eff}} = \frac{1}{2}(E^2 - B^2) + c_1(E^2 - B^2)^2 + c_2(\vec{E} \cdot \vec{B})^2 + \dots$$

Quantum Photon Dynamics

effective Lagrangian: $L_{\text{eff}} = L_0 + L_1 + L_2 + \dots$

0th approximation Maxwell (1861)

$$L_0 = \frac{1}{2}(E^2 - B^2)$$

free photons!



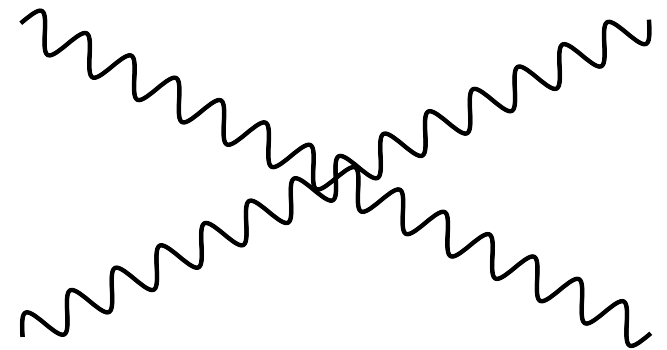
Quantum Photon Dynamics

effective Lagrangian: $L_{\text{eff}} = L_0 + L_1 + L_2 + \dots$
 $L_0 = \frac{1}{2}(E^2 - B^2)$

1st approximation Euler and Heisenberg (1936)

add $L_1 = c_1(E^2 - B^2)^2 + c_2(E \cdot B)^2$

photon-photon scattering!



determine coefficients by matching to QED

$$c_1 = (2/45)\alpha^2/m_e^2 \quad c_2 = (14/45)\alpha^2/m_e^2$$

amplitude $\sim p^2/m_e^2$

Quantum Photon Dynamics

effective Lagrangian: $L_{\text{eff}} = L_0 + L_1 + L_2 + \dots$

$$L_0 = \frac{1}{2}(E^2 - B^2)$$

$$L_1 = c_1(E^2 - B^2)^2 + c_2 (E \cdot B)^2$$

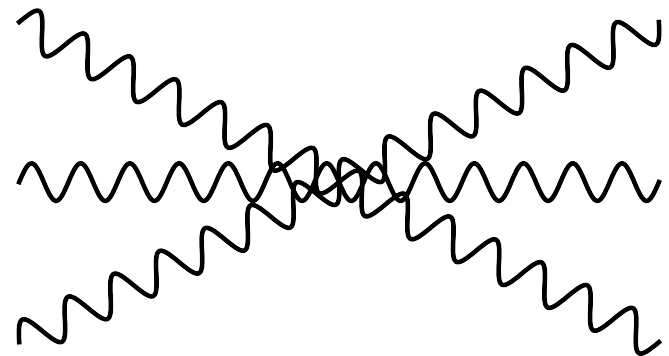
2nd approximation

add $L_2 = c_3(E^2 - B^2)^3 + c_4 (E^2 - B^2)(E \cdot B)^2$

6-photon amplitudes

coefficients: $c_n \sim 1/m_e^4$

amplitude $\sim p^4/m_e^4$



Quantum Photon Dynamics

effective Lagrangian: $L_{\text{eff}} = L_0 + L_1 + L_2 + \dots$

$$L_0 = \frac{1}{2}(E^2 - B^2)$$

$$L_1 = c_1(E^2 - B^2)^2 + c_2 (E \cdot B)^2$$

$$L_2 = c_3(E^2 - B^2)^3 + c_4 (E^2 - B^2)(E \cdot B)^2$$

- infinitely many interaction parameters
- scaling of parameters: $c_n \sim 1/m_e^{d_n}$
- suppression factor for c_n : $(p/m_e)^{d_n}$
- arbitrarily high accuracy

Cosmic Microwave Background

energy scale of photons: $T \approx 3^\circ\text{K} \approx 10^{-4} \text{ eV}$

energy scale of virtual electron-positron pairs
 $m_e \approx 10^6 \text{ eV}$

large hierarchy: $T/m_e \approx 10^{-10}$

can be described to arbitrarily high accuracy
using Quantum Photon Dynamics

Cosmic Microwave Background

effective Lagrangian: $L_{\text{eff}} = L_0 + L_1 + L_2 + \dots$

0th approximation: L_0

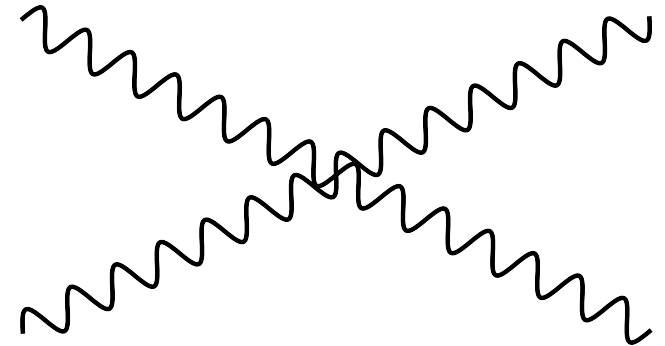
ideal gas of photons



1st approximation: add L_1

photon-photon scattering!

corrections $\sim T^2/m_e^2 \approx 10^{-20}$



2nd approximation: add L_2

corrections $\sim T^4/m_e^4 \approx 10^{-40}$

Beyond the Standard Model

high energy frontier

create new **heavy particles** at the LHC (**Atlas, CMS**)

precision frontier

observe effects of virtual **heavy particles**
through precision measurements at **low energy**

EFT: effects of virtual **heavy particles**
can be described to arbitrary accuracy
in terms of **Standard Model** particles only

Standard Model

EFT: systematically improvable

low-energy approximations

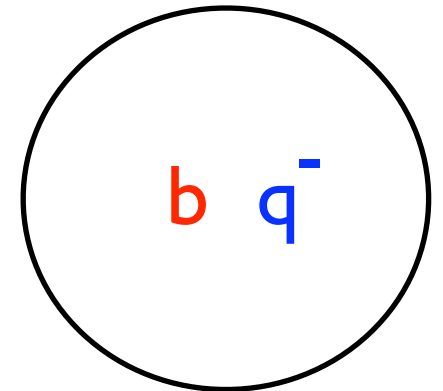
Heavy Quark Effective Theory (see Mike Luke)

EFT for sector of Quantum Chromodynamics
with one heavy quark (bottom or charm)

energy scale of light quark: Λ_{QCD}

heavy quark mass: M_Q

systematic expansion in Λ_{QCD}/M_Q



basis for analysis of experiments at B factories
that established CKM mechanism for CP violation

Beyond the Standard Model

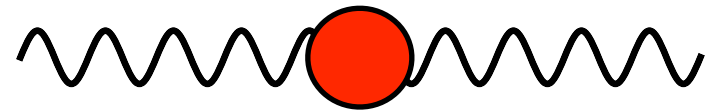
EFT for effects of virtual heavy particles
on Standard Model particles

leading propagator corrections for

Z^0 boson

W boson

γ - Z^0 mixing



determined by 3 constants: S, T, U

strongly constrained

by precision electroweak measurements

e.g. $S = -0.04 \pm 0.09$

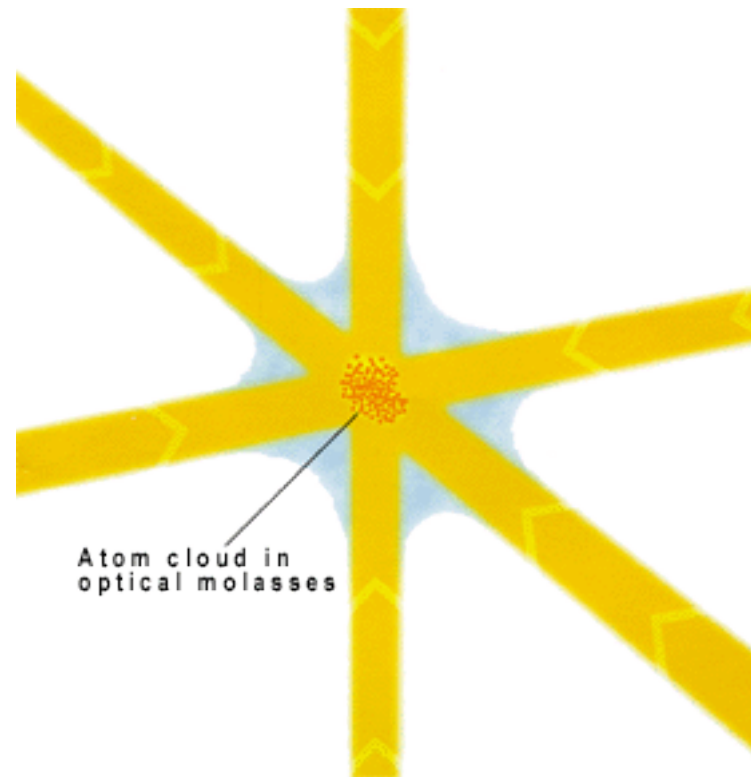
must be respected by any model

for new heavy particles at the LHC

(see Bob Holdom)

Cold Atom Physics

Atoms **trapped** and **cooled** using lasers



Nobel Prize 1997: **Chu, Cohen-Tannoudji, Phillips**

Cold Atom Physics

Bose-Einstein condensation of atoms!

^{87}Rb atoms

JILA (Cornell, Wieman)

1995

^7Li atoms

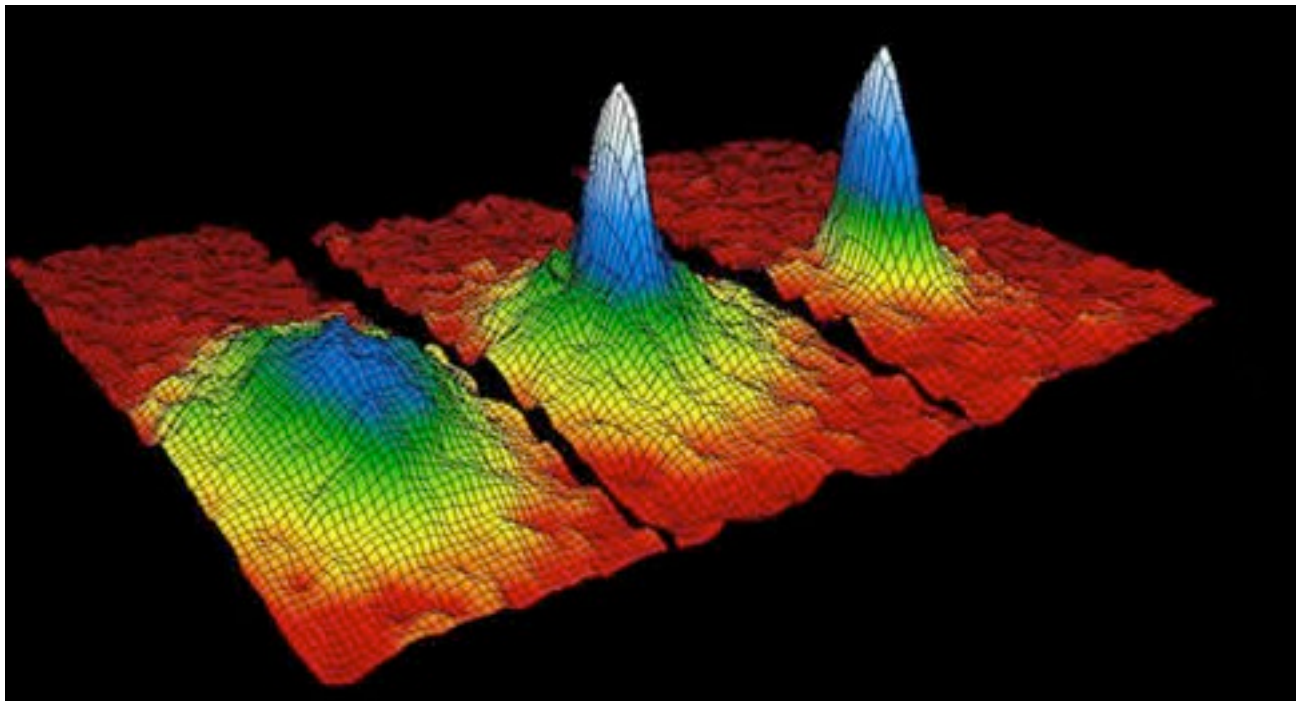
Rice (Hulet)

1995

^{23}Na atoms

MIT (Ketterle)

1995



Nobel Prize 2001: Cornell, Wieman, Ketterle

Cold Atom Physics

Cooling of fermions to quantum degeneracy!

^{40}K atoms

JILA (Jin)

Jan 2001

^6Li atoms

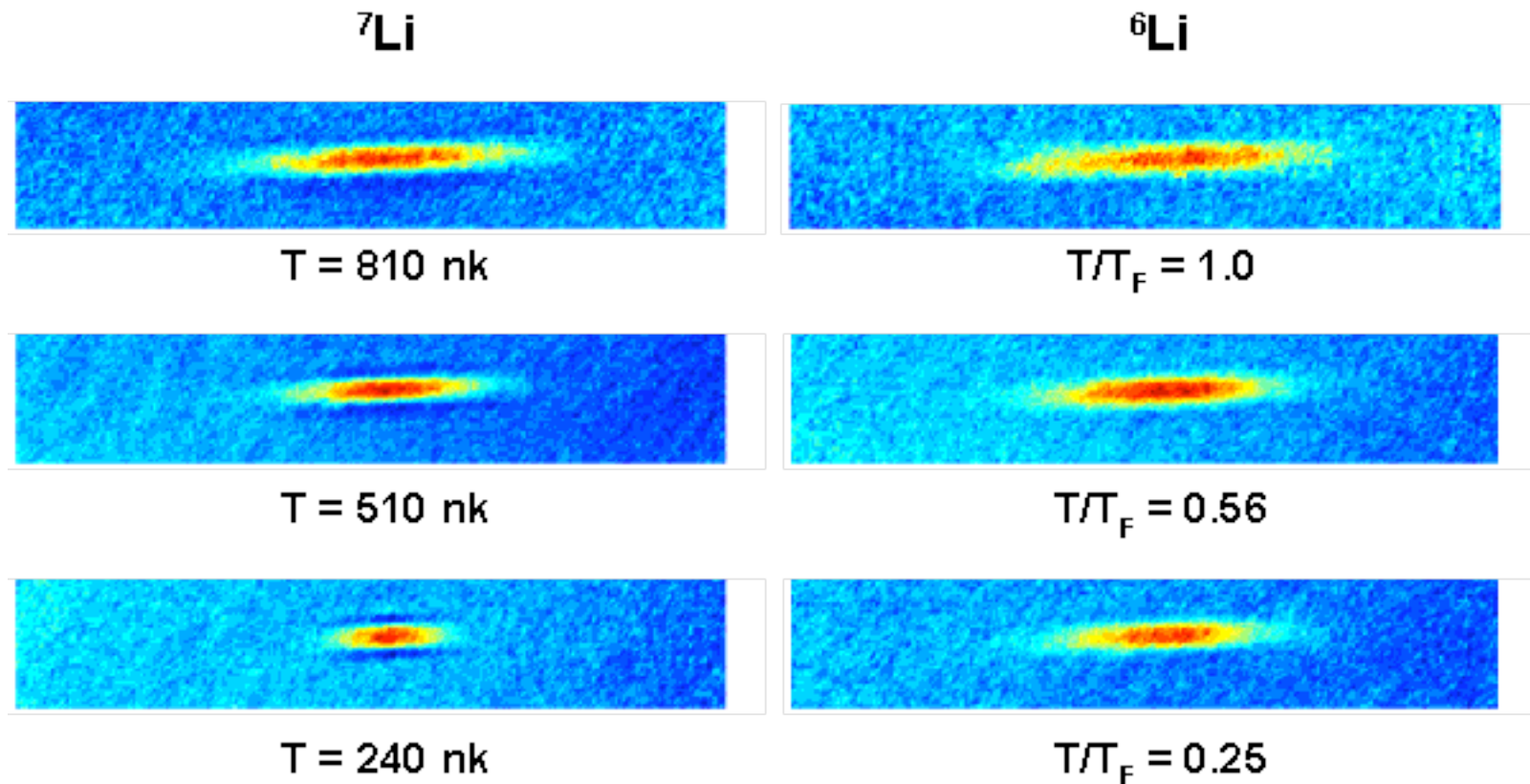
Ecole Normale (Salomon)

July 2001

^6Li atoms

Rice (Hulet)

Aug 2001



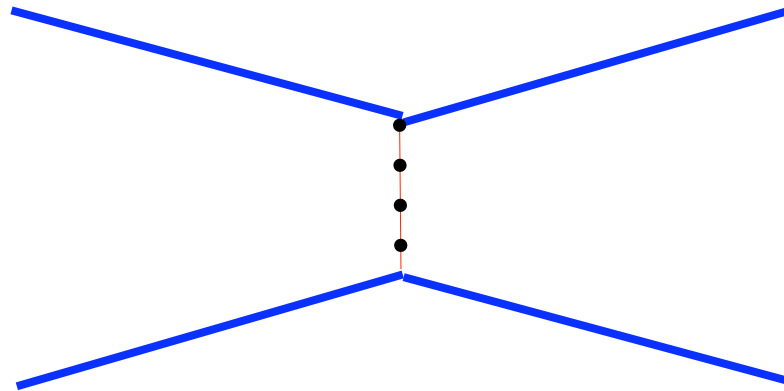
Ultracold Atoms

(sufficiently) Fundamental Theory

many-body Schroedinger equation

for atoms in a trapping potential $V(r)$

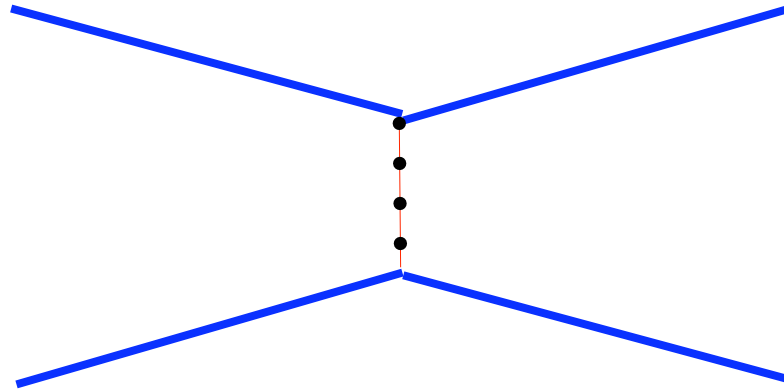
interacting through interatomic potential $U(r-r')$



complications: hyperfine spin states
multiple scattering channels

Ultracold Atoms

atoms interacting through potential $U(r-r')$



solve Schroedinger equation
to obtain scattering phase shifts $\delta(k)$

low-energy expansion: $\delta(k) = -l/a + 1/2 r_e k^2 + \dots$
 a = scattering length
 r_e = effective range

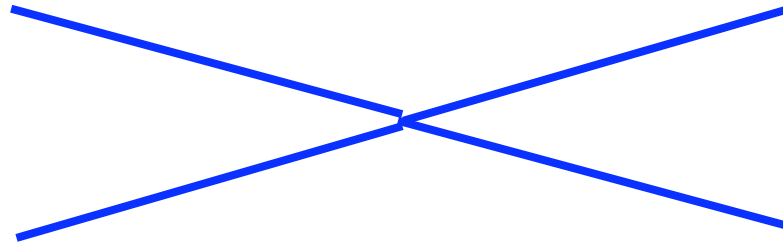
Effective Field Theory

low-energy expansion: $\delta(k) = -1/a + 1/2 r_e k^2 + \dots$

a = scattering length

r_e = effective range

construct **EFT** with point interactions
that reproduces low-energy expansion



most important parameter: a

next most important: r_e

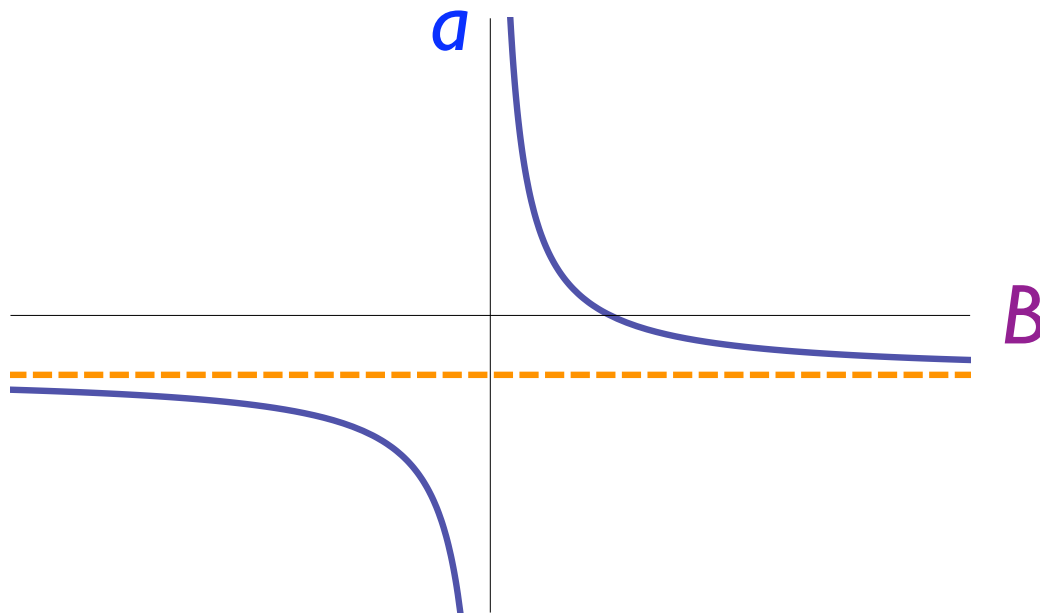
effects suppressed by k^2 x range^2

Atoms with large scattering length

experimental fine-tuning using magnetic field B

alkali atom near Feshbach resonance

$$a(B) = a_{\text{bg}} + \frac{\Delta}{B - B_{\text{res}}}$$



- $|a|$ becomes arbitrarily large as $B \rightarrow B_{\text{res}}$

Unitary limit $a = \pm\infty$

- scattering cross section saturates **unitarity bound**
strongest interaction allowed
by **quantum mechanics!**
- infinitely strong interactions provide no length scale!
scale invariant interactions!

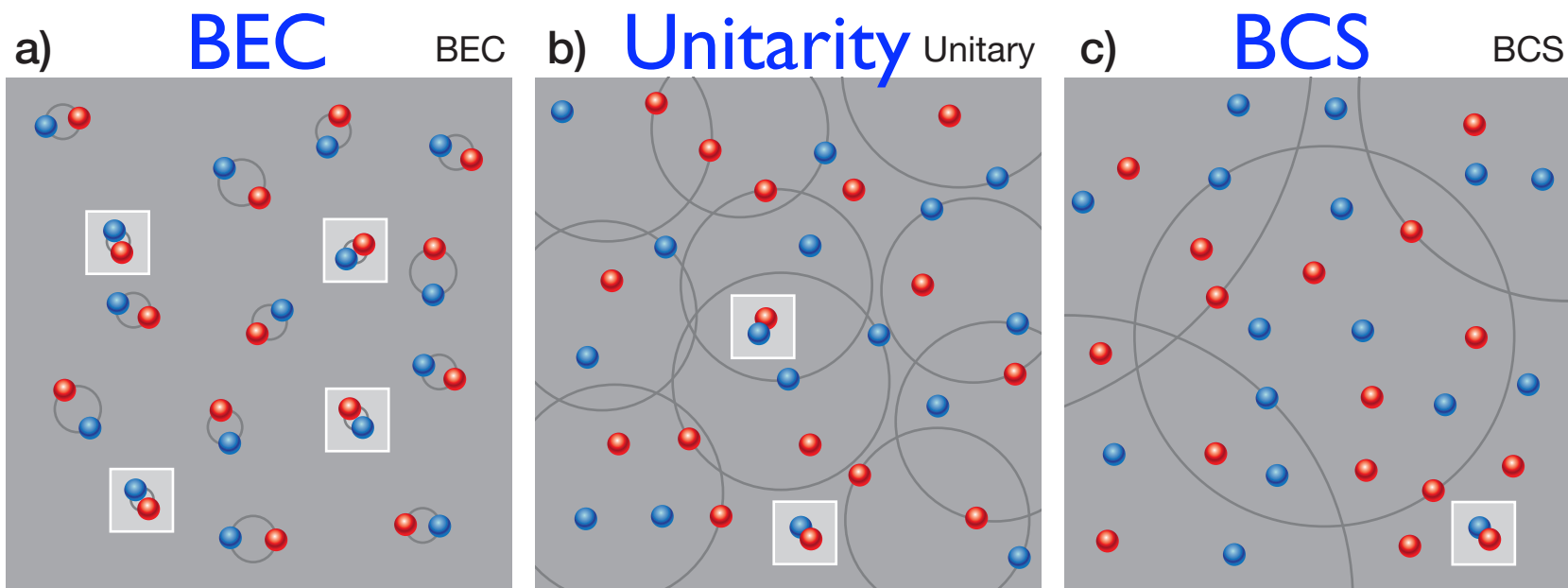
What is the behavior of condensed matter
with **infinitely-strong scale-invariant** interactions?

What is mechanism for **superfluidity**
in the ground state?

mechanism for superfluidity?

BEC mechanism: Bose-Einstein condensation
of diatomic molecules

BCS mechanism: formation of Cooper pairs
near Fermi surface



experimental verification of smooth crossover
from **BEC** to **BCS**

as a goes from **positive** to **negative** values through $\pm\infty$

2-Body Quantum Mechanics

Universal behavior at large scattering length a

Cross section

low energy: $8\pi a^2$

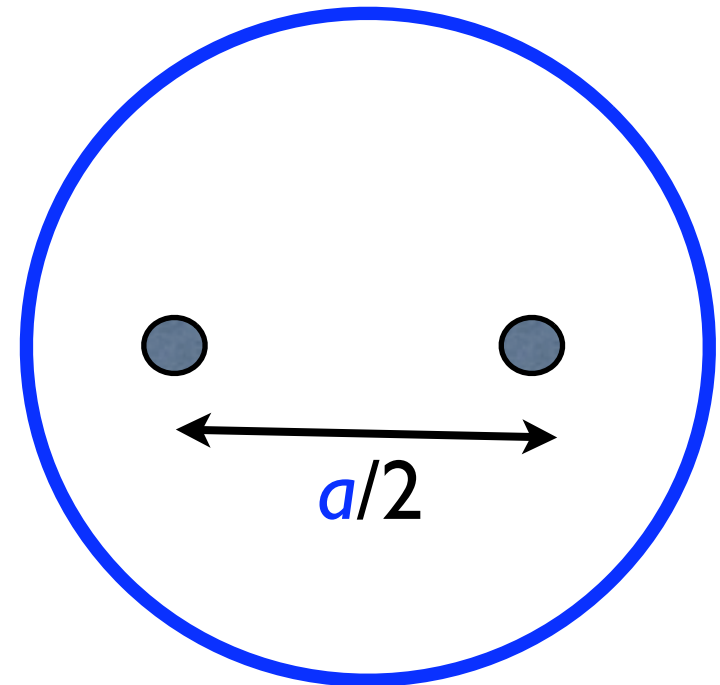
high energy: $8\pi\hbar^2/(m E)$

Diatomic molecule if $a > 0$

binding energy: $\hbar^2/(m a^2)$

mean radius: $a/2$

“halo dimer”, “giant dimer”

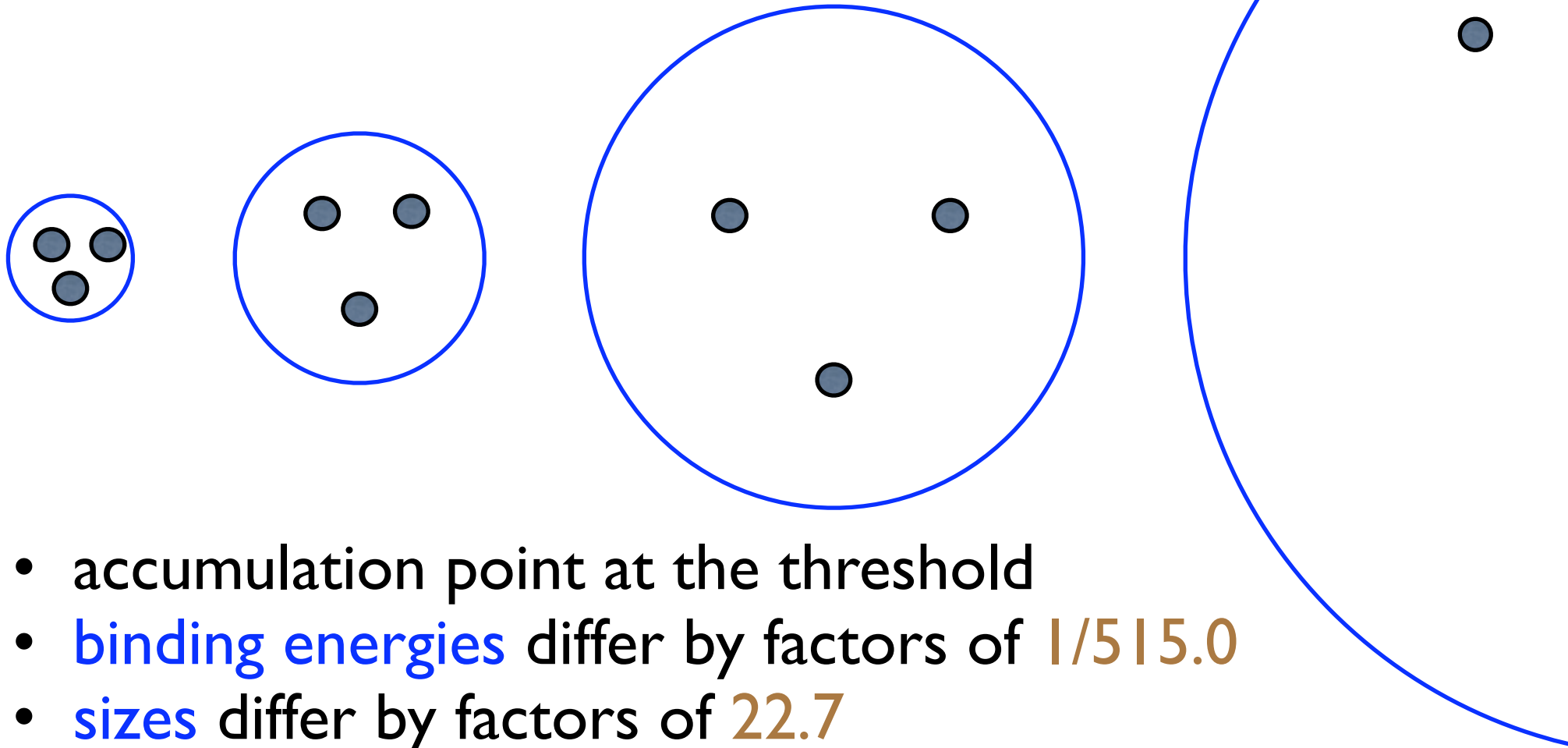


3-Body Quantum Mechanics

Efimov Effect

Vitaly Efimov (1970)

In the **unitary limit** $a \rightarrow \pm\infty$ (with fixed **range**)
there are infinitely many **triatomic molecules**



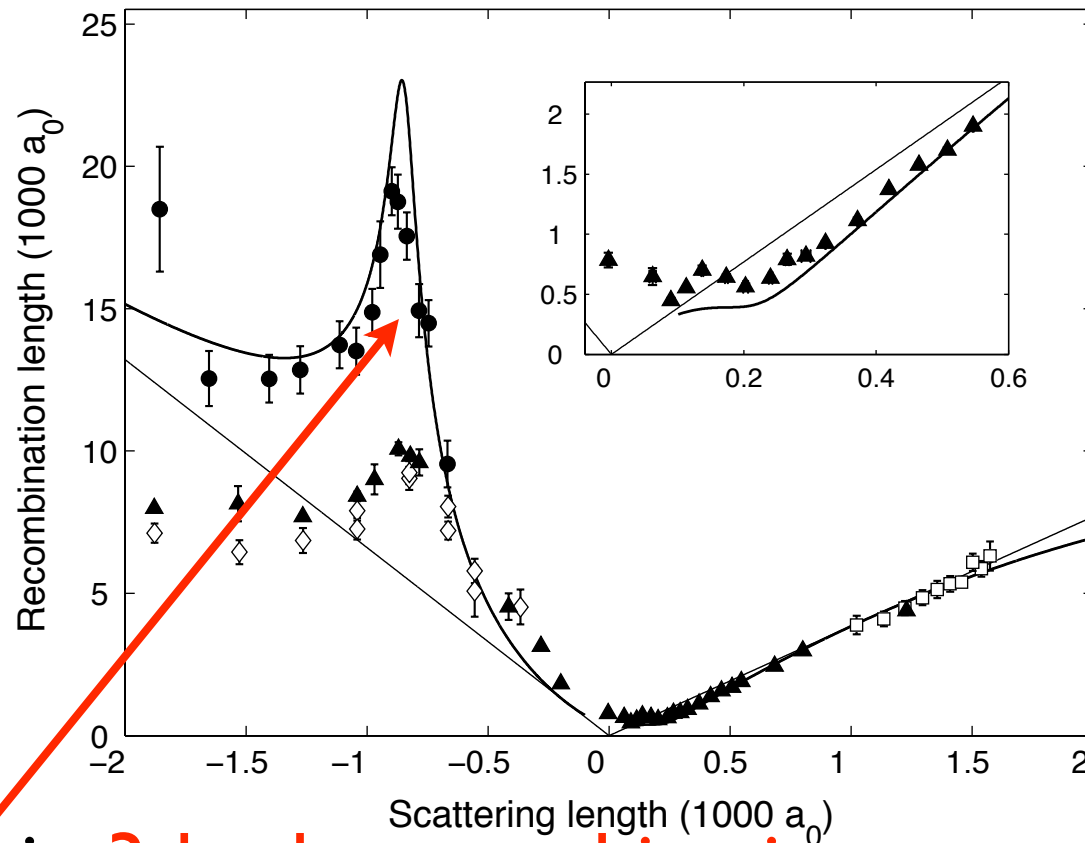
- accumulation point at the threshold
- **binding energies** differ by factors of **1/5 | 5.0**
- **sizes** differ by factors of **22.7**

Efimov Physics in Cold Atoms

discovery of Efimov trimer of ^{133}Cs atoms

Innsbruck group

Nov 2005



resonance in **3-body recombination rate** near **-850 a_0**
agrees with **universal line shape** from **EFT**

Braaten & Hammer 2003

Bose-Einstein Condensation

Critical temperature

Einstein (1925)

homogeneous ideal gas with **number density** n

thermal deBroglie wavelength: $\lambda_{\text{th}} = (2 \pi m kT/m)^{1/2}$

critical phase space density: $n \lambda_{\text{th}}^3 = 2.612$

critical temperature: $kT_c = 3.31 h^2 n^{2/3}/m$

What is the shift in T_c from **interactions**?

Bose-Einstein Condensation

Critical temperature

in homogeneous gas with **number density** n

$$kT_c = 3.31 h^2 n^{2/3} / m$$

What is the shift in T_c
from weak interactions with scattering length a ?

Solution

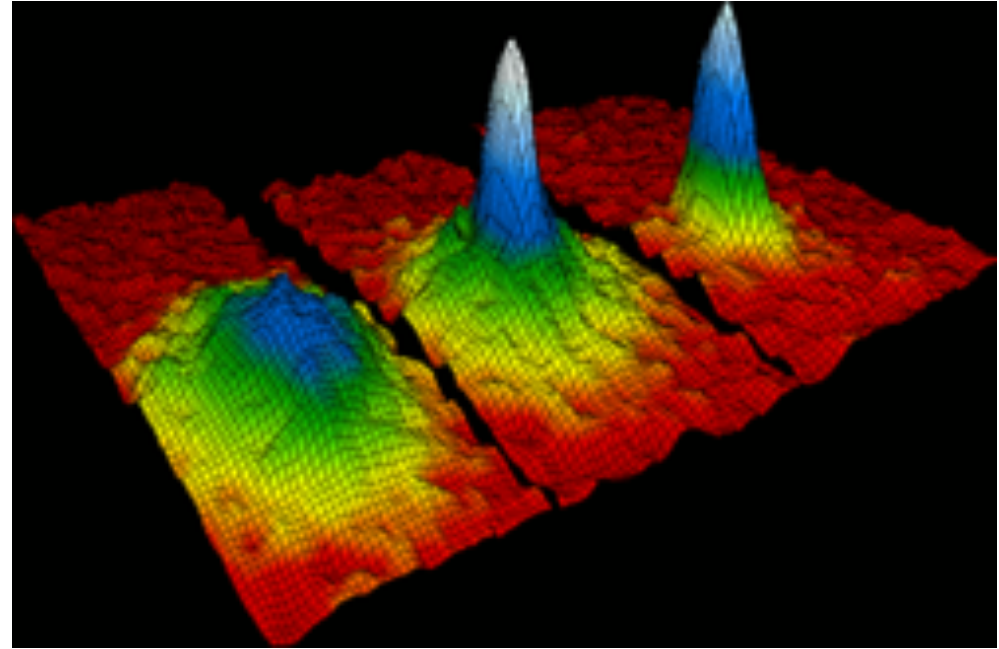
EFT for fluctuations near critical point:
statistical field theory of scalar field in 3D

$$\Delta T_c / T_c = 1.8 a / \lambda_{th}$$

(coefficient from Monte Carlo calculations)

Bose-Einstein Condensation

Trapped gas
behavior near critical point
is different
but described by same EFT



shift in T_c is not sensitive to critical fluctuations
but condensate fraction is

precise measurements of condensate fraction

Cambridge group July 2011

good agreement with coefficient in EFT!