

PHY131H1S – Class 17

Today:

- Work
- Calories
- The Work-Kinetic Energy Theorem.
- Dissipative Forces and Thermal Energy
- Power



Pre-class Reading Quiz 1. The transfer of energy to a system by the application of a force is called

- A. dot product.
- B. power.
- C. work.
- D. watt.
- E. energy transformations.

Work

- A force is applied to an object.
- The object moves while this force is being applied.
- The work done by a constant force is the dot-product of the force and the displacement.

$$W = F r \cos\theta$$

Work

$$W = F r \cos\theta$$

- If the force has a component in the direction of the displacement, the work is positive.
- If the force has a component opposite the direction of the displacement, the work is negative (energy is removed from the object by the force)
- If the force is perpendicular to the displacement, work=0 and the object's energy does not change. Normal force often has this property.

In Class Discussion Question 1

- Adeel is doing a bench press, and he slowly pushes the bar up a distance of 0.30 m while pushing upwards on the bar with a force of 200 N. The bar moves with a constant velocity during this time.
- During the upward push, how much **work** does Adeel do on the bar?
 - A. 60 J
 - B. 120 J
 - C. 0 J
 - D. -60 J
 - E. -120 J

In Class Discussion Question 2

- Adeel is doing a bench press, and he slowly lowers the bar down a distance of 0.30 m while pushing upwards on the bar with a force of 200 N. The bar moves with a constant velocity during this time.
- During the downward lowering, how much **work** does Adeel do on the bar?
 - A. 60 J
 - B. 120 J
 - C. 0 J
 - D. -60 J
 - E. -120 J

In Class Discussion Question 3

- Adeel is doing a bench press, and he slowly lowers the bar down a distance of 0.30 m while pushing upwards on the bar with a force of 200 N. He then pushes it up slowly the same distance of 0.30 m back to its starting position, also pushing upwards on the bar with a force of 200 N.
- During the complete downward and upward motion, how much total **work** does Adeel do on the bar?
 - A. 60 J
 - B. 120 J
 - C. 0 J
 - D. -60 J
 - E. -120 J

Calories

- One food Calorie (note the capital “C”, also sometimes called a kilocalorie) is equal to 4186 Joules.
- Fat is a good form of energy storage because it provides the most energy per unit mass.
- 1 gram of fat provides about 9.4 (food) Calories.
- Example. Your mass is 70 kg. You climb the stairs of the CN Tower, a vertical distance of 340 m. How much energy does this take (minimum)?
- How much fat will you burn doing this?

In-Class Discussion Question 4.
A crane raises a steel girder into place at a construction site.
The girder moves with constant speed, v .
Consider the work W_g done by gravity and the work W_T done by the tension in the cable.
Which of the following is correct?



- A. W_g and W_T are both zero.
- B. W_g is negative and W_T is negative.
- C. W_g is negative and W_T is positive.
- D. W_g is positive and W_T is positive.
- E. W_g is positive and W_T is negative.

The Work Done by a Variable Force

To calculate the work done on an object by a force that either changes in magnitude or direction as the object moves, we use the following:

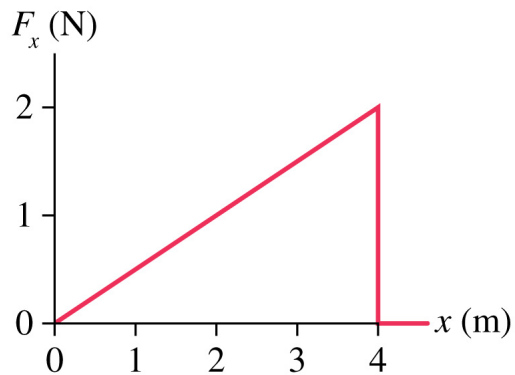
$$W = \int_{s_i}^{s_f} F_s ds = \text{area under the force-versus-position graph}$$

We must evaluate the integral either geometrically, by finding the area under the curve, or by actually doing the integration.

In Class Discussion Question 5.

A particle moving along the x -axis experiences the force shown in the graph.

How much work is done on the particle by this force as it moves from $x = 0$ to $x = 2$ m?



A. 0.0 J

B. 1.0 J

C. 2.0 J

D. 4.0 J

E. -2.0 J

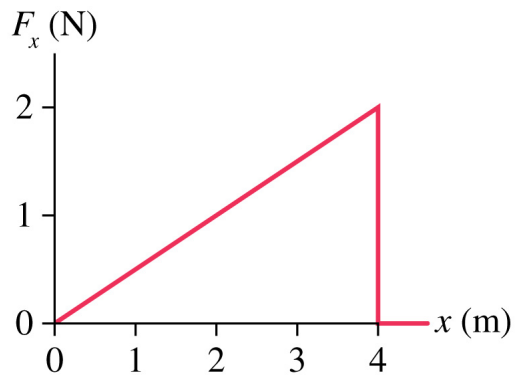
The Work – Kinetic Energy Theorem:

- The work done by the net force on an object as it moves is called the “net work”, W_{net} .
- The net work causes the object’s kinetic energy to change by:

$$\Delta K = W_{\text{net}}$$

In Class Discussion Question 6.

A particle moving along the x -axis experiences the force shown in the graph. The particle starts at rest at $x = 0$. What is the kinetic energy of the particle when it reaches $x = 2$ m?



- A. 0.0 J
- B. 1.0 J
- C. 2.0 J
- D. 4.0 J
- E. -2.0 J

Finding Force from Potential Energy

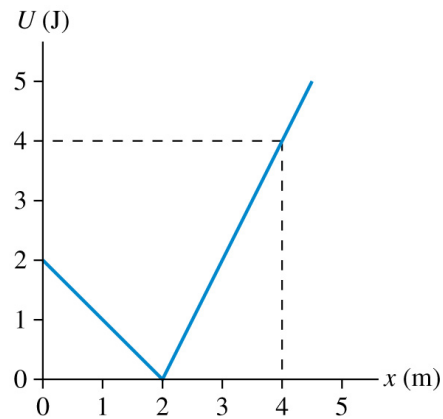
- When you plot Force versus distance, the area under the curve is a form of energy called work.
- When you plot Potential Energy versus distance, the slope of the curve is related to Force.

$$F_x = -\frac{dU}{dx}$$

Example Test Question.

A particle moves along the x -axis with the potential energy shown.

Draw the corresponding graph of force on the particle versus distance.



Thermal Energy

- Dissipative forces transform macroscopic energy (kinetic), into thermal energy.
- Thermal energy is the microscopic energy due to random vibrational and rotational motion of atoms and molecules.
- For friction:

$$\Delta E_{\text{th}} = f_k \Delta s$$



Set bark beneath notch

The Work – Kinetic Energy Theorem:

- The net work causes the object's kinetic energy to change by:

$$\Delta K = W_{\text{net}} = W_{\text{c}} + W_{\text{diss}} + W_{\text{ext}}$$

$W_{\text{c}} = -\Delta U$ is the work done by conservative forces, and is equal to the negative of the change in potential energy.

$W_{\text{diss}} = -\Delta E_{\text{th}}$ is the work done by dissipative forces, and is equal to the negative of the thermal energy created.

W_{ext} is the work done by other external forces.

In Class Discussion Question 7.

A child slides down a playground slide at *constant speed*.

The energy transformation is

- A. $U \rightarrow K$.
- B. $U \rightarrow E_{\text{th}}$.
- C. $K \rightarrow U$.
- D. $K \rightarrow E_{\text{th}}$.
- E. There is no transformation because energy is conserved.



Power

The rate at which energy is transferred or transformed is called the power, P , and it is defined as

$$P = \frac{dE_{\text{sys}}}{dt}$$

The unit of power is the watt, which is defined as $1 \text{ watt} = 1 \text{ W} = 1 \text{ J/s}$. Energy is measured by Ontario Hydro in kWh = “kiloWatt•hours”. They charge about \$0.10 per kWh. How many Joules is this?