

**Uniform Circular Motion** 

Simple Harmonic Motion

Mathematically, S.H.M. is identical to one component of uniform circular motion!

1

## What are $v_{\text{max}}$ and $a_{\text{max}}$ ?

• If the position function is given by:

$$x = A\cos\left(\frac{2\pi}{T}t\right)$$

• Then the velocity and acceleration functions are:

$$v_x = -\left(\frac{2\pi}{T}\right)A\sin\left(\frac{2\pi}{T}t\right)$$
$$a_x = -\left(\frac{2\pi}{T}\right)^2A\cos\left(\frac{2\pi}{T}t\right)$$

• *A* is the amplitude of the vibration; *T* is the period of the vibration.

#### Learning Catalytics question

The Body Mass Measurement Device chair (mass = 32 kg) has a vibrational period of 1.2 s when empty. When an astronaut sits on the chair, what will be the vibrational period?

- A. More than 1.2 s
- B. Less than 1.2 s
- C. 1.2 s



Astronaut Tamara Jernigan (Shuttle Columbia during STS-40, 5-14 June 1991) is weighed into space. This is the first type of "chair pose space." As the chair moves forward and backward, a calculation of the weight counter how astronaut retards the movement of the chair.

[Doc cam notes]

The Body Mass Measurement Device chair (mass = 32 kg) has a vibrational period of 1.2 s when empty. When an astronaut sits on the chair, the period changes to 2.1 s.
(a) Determine the mass of the astronaut.

Simplify and diagram

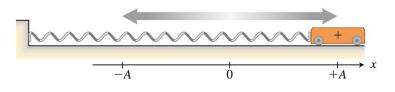
(b) Determine the maximum vibrational speed of the astronaut if the amplitude of vibration is 0.10 m. Sketch and translate

Simplify and diagram

What is the total energy of a mass vibrating on a spring, as a function of time? Sketch and translate

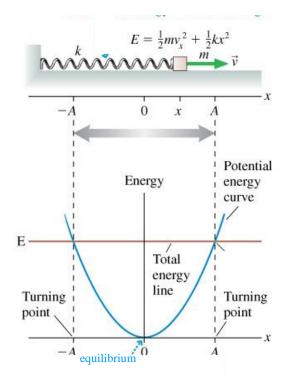
Simplify and diagram

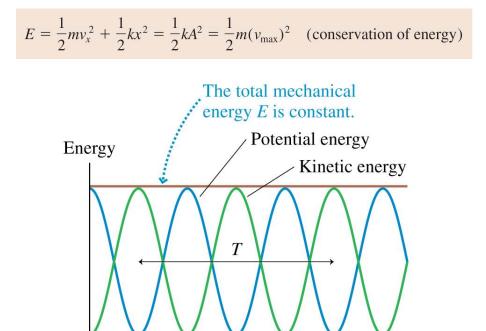
Solve and Evaluate



Energy of a mass
on a spring

Clock reading t	Displacement	Elastic potential energy U <sub>s</sub>	Kinetic energy <i>K</i>	Total energy U <sub>tot</sub>
$\frac{1}{2}T$	-A	$\frac{1}{2}kA^2$	0	$U_{\rm tot} = \frac{1}{2}kA^2$
$\frac{1}{4}T$	0	0	$\frac{1}{2}mv_{max}^{2}$	$U_{\rm tot} = \frac{1}{2} m v_{\rm max}^2$
$\frac{3}{4}T$	0	0	$\frac{1}{2}mv_{max}^{2}$	$U_{\rm tot} = \frac{1}{2}mv_{\rm max}$
0	А	$\frac{1}{2}kA^2$	0	1,
Т	A	$\frac{1}{2}kA^2$	0	$U_{\rm tot} = \frac{1}{2}kA^2$





Learning Catalytics question

By what factor must we increase the amplitude of vibration of an object and the end of a spring in order to double its **maximum speed** during a vibration?

- A.  $\sqrt{2}$
- B. 2
- C. 4

#### Learning Catalytics question

By what factor must we increase the amplitude of vibration of an object and the end of a spring in order to double the **total energy** of the system?

- A.  $\sqrt{2}$
- B. 2
- C. 4

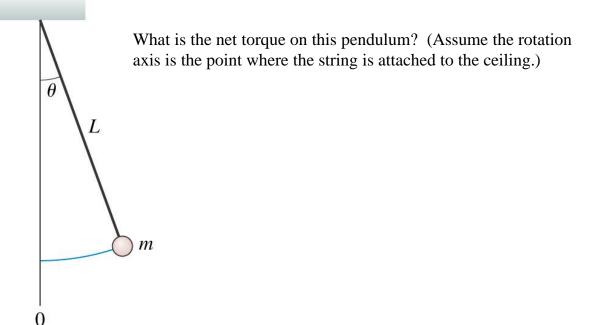
# Relationship between the amplitude of the vibration and the cart's maximum speed

• The equation  $U = \frac{1}{2}kA^2 = \frac{1}{2}mv_{max}^2 = \frac{1}{2}mv^2 + \frac{1}{2}kx^2$  can be rearranged to give:

$$v_{\max} = \sqrt{\frac{k}{m}}A$$

- This makes sense conceptually:
  - When the mass of the cart is large, it should move slowly.
  - If the spring is stiff, the cart will move more rapidly.

**TIP** In the above discussion we neglected the interactions of the system with the surface of the track and with the air. These would both do negative work on the system and gradually decrease its energy, eventually bringing the vibrating system to rest.



Suppose we restrict a pendulum's oscillations to small angles (< 10°). Then we may use the **small angle approximation** sin  $\theta \approx \theta$ , where  $\theta$  is measured in radians. The net torque on the mass is

$$\Sigma \tau = I\alpha = -mgL\theta$$

So the simple harmonic motion equation for  $\theta$  as a function of time is:

$$\alpha = -\frac{mgL}{I}\theta$$

The solution to this is  $\theta = A \cos\left(\frac{2\pi}{T}t\right)$ , where *A* is a constant, and the **Period** of oscillations (in seconds) is:

$$T = 2\pi \sqrt{\frac{I}{mgL}}$$

θ

0

L

But the rotational inertia of a point mass *m* a distance *L* from the rotation axis is  $I = mL^2$ , so

$$T = 2\pi \sqrt{\frac{mL^2}{mgL}} = 2\pi \sqrt{\frac{L}{g}}$$

#### Learning Catalytics Question

Two pendula have the same length, but different mass. The force of gravity, F=mg, is larger for the larger mass. Which will have the longer period?

A. the larger mass

- B. the smaller mass
- C. neither

[Doc cam notes]

Luke and Leia have a combined mass of 120 kg and both grasp a rope of length 30 m that is attached to a beam above them. The beam is half-way across a 10 m horizontal gap, and they want to swing across. If they start from rest and swing down and up, just reaching the other side, how long does this take?

Sketch and translate

Simplify and diagram

Mass on Spring versus Pendulum

	Mass on a Spring	Pendulum
Condition for S.H.M.	Small oscillations (Hooke's Law is obeyed)	Small angles
Period	$T = 2\pi \sqrt{\frac{m}{k}}$	$T = 2\pi \sqrt{\frac{L}{g}}$

#### Learning Catalytics Question

- A person swings on a swing. When the person sits still, the swing oscillates back and forth at its natural frequency. If, instead, the person stands on the swing, the natural frequency of the swing is
  - A. greater
  - B. the same
  - C. smaller



Learning Catalytics Question

A grandfather clock at high altitudes runs

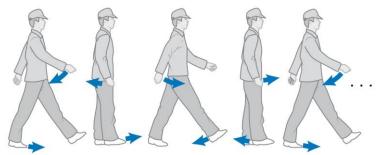
- A. fast.
- B. slow.
- C. normally as it does at sea level.



Image from https://www.1-800-4clocks.com/Bulova-Vickery-Wall-Chimes-Clock\_C4329\_CUV

## Leg swinging frequency

• When you walk, your arms and legs swing back and forth. These motions repeat themselves.



• The back-and-forth motion of an object that passes through the same positions is an important feature of vibrational motion.

## Leg swinging frequency

- Your leg can be modeled as a simple pendulum, with length equal to the distance between your hip joint (rotation axis) and the centre of mass, L = 0.5 m.
- In this case, the frequency is:

$$f \approx \frac{1}{2\pi} \sqrt{\frac{g}{L}} = \frac{1}{2\pi} \sqrt{\frac{9.8}{0.5}} = 0.7 \text{ Hertz}$$

- Longer legs have lower swinging frequencies.
- Giraffes take fewer steps per second than humans because of their long legs.
- Small dogs take more steps per second than humans because of their short legs.

