Student: Date:

* To be completed by the student **prior** to each committee meeting.
* Provide concise and specific answers (bullet points acceptable).
* Provide dates when appropriate.
* **Student must send a completed self-assessment form and a copy of the Supervisory Committee Report from the previous meeting to everyone on the committee, at least 48 hours in advance.**

Student Self-Assessment

1. Date of last committee meeting:
2. Summarize your research progress since the last committee meeting. In case of any delays compared to your plans, describe the causes of the delay. If you prefer, you can attach a short report (up to 2 pages) **instead of** this summary.

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1. Publications (including preprints), posters and/or oral presentations since the last committee meeting

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1. Scholarships and/or awards since the last committee meeting

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1. Other career development activities since the last committee meeting. These could include, e.g., participation in professional development training, summer/winter schools, industrial internships, or research exchanges.

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1. Are there any specific issues you wish to discuss at this meeting? These could include any obstacles, changes in research directions, requests for guidance on specific tasks, questions about professional development, etc. For students in their 6th year of graduate studies or higher, please provide an explicit timeline for PhD completion. Use a separate sheet, if necessary.

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